M. K. Ettington Books

The Out of the Box Newsletter
Learn about our Books, Online Training, Misc Wisdom, and Unusual Stories

May 2026

The Newsletter is for those not satisfied with the Dogma we are all taught to believe.

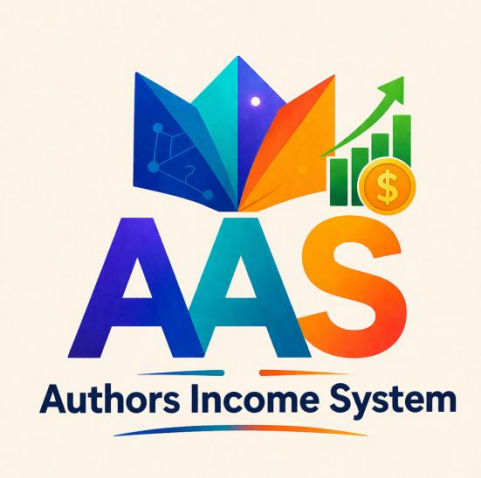
What is the real truth about our lives and the world we live in?

Over 12 Categories of Out of the Box Books:

(Click Below Image for our Website Homepage on over 150 books)

Coaching and Business Books	Paranormal Books	Spirituality Books	Ancient History Books
Alien and UFO Books	Longevity & Immortality Books	Living in Space Books	Survival Books
Sci Fi & Fiction Books	Legendary Beings Books	Strange and Science Books	Time and Dimensional Books
Health & Wellness Books	Self Improvement Books	Rare Occult Books	Political and Social Books
Metaphysics Books	Our Most Popular Books	Specials and Bundles	

Picture of the Month



Welcome to this newsletter which covers topics from our 150 Plus books about Aliens/UFOs, Longevity, the Paranormal, Strange Science, and much more…

[The Authors Income System Bundle of the AI Authors Studio and more]

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https://mkettingtonbooks.com

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The Paranormal Universe
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Our Website PDF 25% Standard Discount
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Signup For and Download our Monthly Newsletter

Signup for Our Affiliate Program & Earn up to $499 per sale

Featured Story- The AI Authors Studio

Write Better Books.

Faster Than Ever Before.

AI Authors Studio is a powerful writing environment designed specifically for authors who want to organize ideas, write faster, and finish manuscripts with the help of AI.

✔ Organize books and research
✔ Write with AI assistance
✔ Edit and improve your manuscript
✔ Export your work for publishing

Why Writing a Book Is So Hard
Most writing tools were never designed for authors.
Word processors create chaos when writing long manuscripts.
Authors struggle with:
• organizing chapters
• managing research
• maintaining writing momentum
• editing large manuscripts
Many writers start books…
but never finish them.

A New Way to Write Books
Instead of using disconnected tools, you get a complete authoring environment designed around the way writers actually work.

Create Project→Outlines→Write→Organize→Publish
AI Authors Studio was built specifically to solve these problems

All in one place

AAS was created by An Author Who has written over 150+ books so knows his trade. Martin Ettington is an Engineer by training and has had multiple careers. He has a B.S. degree in Engineering Science from Renesselaer Polytechnic Institute in 1977. He has also done extensive work in management and in software development for 25 years. His books are an outgrowth of his experience and research on Science, Metaphysics, Longevity, and other fascinating subjects (http://mkettingtonbooks.com)

AAS
AI AUTHORS
STUDIO

Click on the image above to learn more

Health & Wellness- Longevity Training Book 8-Physical Body Health

Hello this is Marty Ettington. I'd like to welcome you to course number eight on the “Physical Body Health” as part of the personal longevity program. The personal longevity program philosophy is designed to be an encompassing holistic approach built on top of current medical and scientific health practices.

There's millions of pages of science and medical information about taking care of your physical body which I'm not going to try and repeat here in this course. We're going to focus on some alternative medicine and supplement options which are known to be able to enhance your long-term health.

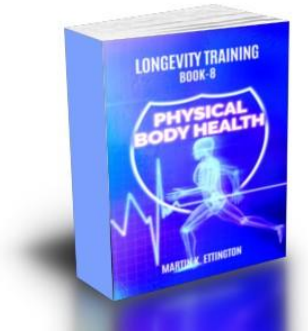
This book is a transcription and reproduction of the training course materials from Course #8 “Physical Body Health”

Physical Body Health is the longest course in this Longevity training program.

It consists of three sections:

A) Supplements and Herbs for Longevity
B) Diets and Lifestyles of Long Lived People
C) Longevity related Weight and Exercise

These three areas are some of the most important aspects of caring for your Physical Body to improve your longevity.



Click on the Book Cover to Learn more and to order

“Never laugh at live dragons.”
– **J.R.R. Tolkien**

Click These Three Book Categories To See More Books on Health and Wellness:

HEALTH & WELLNESS

LONGEVITY & IMMORTALITY

SPIRITUALITY

SELF IMPROVEMENT

BOOK FOCUS

Book Focus- Mysterious Ball Lightning

Ball Lightning is a phenomena which definitely exists. One European study counted over 5,000 sightings of these weird balls.

It also seems to be similar to old tales of the “Will O the Wisp” and World War Two Foo Fighters.

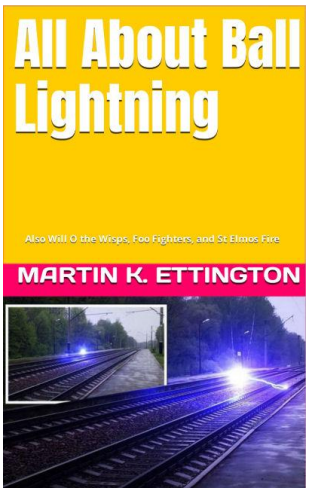
St. Elmos Fire also has similar observations so data on this phenomenon are included too.

There are many potential explanations but none are confirmed. Although most seem to appear around thunderstorms this is not always the case.

My own belief is that these objects are controlled by some type of intelligence and we will discuss reasons for this later in the book.

In this book you will read a lot of background information and sightings stories by persons for the last hundreds of years.

This is just another mystery in our strange world which cries out for more investigation.



Click on the Book Cover to Learn more and to order

“Think before you speak. Read before you think.” – **Fran Lebowitz, The Fran Lebowitz Reader**

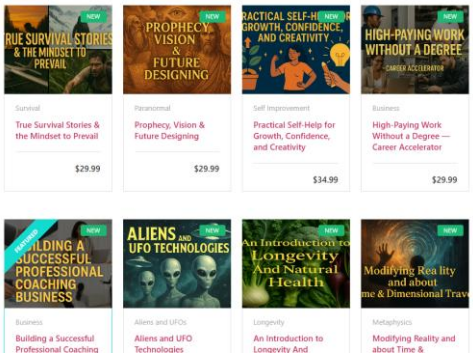
TRAININGFOCUS

Training Focus- Training Courses, Bundles, and Subscriptions

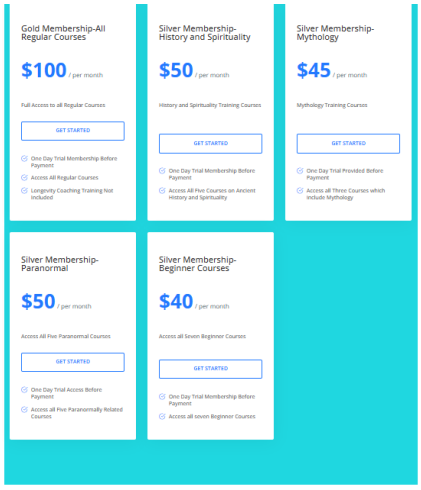
Our website now has comprehensive sections on training courses, mega bundles and subscriptions to courses based on our books These sections are called **UNIVERSES**

Mega Bundles Available:

CLICK ON THE UNIVERSE IMAGE ABOVE TO LEARN MORE



CLICK ON THE COURSES IMAGE ABOVE TO LEARN MORE



CLICK ON THE SUBSCRIPTIONS IMAGE ABOVE TO LEARN MORE

[Download the Online Training Catalog]

"The simple things are also the most extraordinary things, and only the wise can see them."
— **Paulo Coelho, The Alchemist**

Training Courses- High Paying Work Without a College Degree

4-Week Career Accelerator Program

A proven, step-by-step system to break into high-income work **without a degree**. **Week:** **Focus**

Week 1	Discover high-income paths that match YOU
Week 2	Build transferable skills + add fast-track credentials
Week 3	Get clients, contracts, or job opportunities
Week 4	Launch, scale & master your new career

Bonus eBooks Included *(Value: $20)*

- *The Handbook of High-Paying Work Without a College Degree*
- *A Guide to Making Money Writing & Selling Books*

Tools & Support

Workbooks & templates
Action labs each week
Optional guided support
Access on any device

Designed for motivated adults: career-changers, young professionals, self-starters, and retirees seeking meaningful $60K–$100K+ work without traditional credentials.

Why This Course Works

The job market has changed — **skills and initiative beat formal degrees.**
This program focuses on:
Real-world skills
Practical execution
Modern earning paths
Building credibility fast
No fluff. No hype.
Just a proven roadmap developed by **Martin K. Ettington**, based on his book and years of research.

What You'll Walk Away With

2–3 high-income career paths matched to your strengths
A **short-term income plan** ($5–10K)
A **12–18 month six-figure roadmap**
A **portfolio + personal brand plan**
Momentum & confidence to act — not just dream
And you get it all for only **$29.99**.

This Course Is For You If…

You're ready to:
- Move beyond the "degree = success" myth
- Pivot into a better-paid, more meaningful career
- Turn your skills into real earning potential
- Follow a structured roadmap — not random internet advice

Bonuses

2 Career eBooks *(included free)*
Limited-time pricing — will increase soon

Enrollment & Guarantee

One-time payment: $29.99
You receive:
✔ Immediate access
✔ Lifetime access + updates
✔ 30-Day satisfaction guarantee

How It Works

Click **Get Course** on the upper right of the page. Then pay for this course on our website
Access Week 1 immediately
Apply the system and start building income in months — not years

Final Step

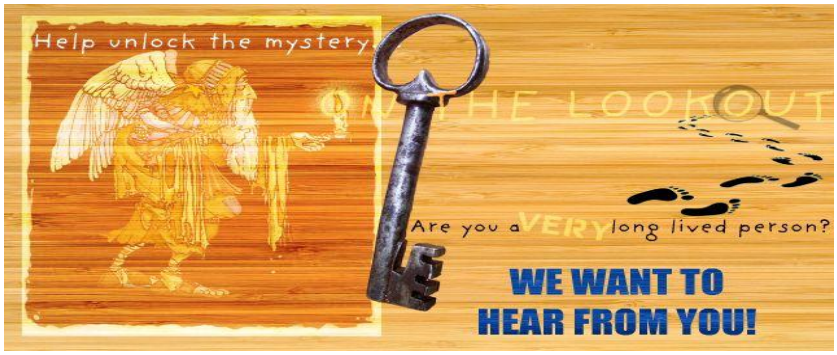
Ready to get paid what you're truly worth — **without a college degree?**
Start your career acceleration today.

"Yesterday I was clever, so I wanted to change the world. Today I am wise, so I am changing myself."
– **Rumi**

Universes- The Paranormal Universe

I have had many paranormal and premonitional experiences. My books, training courses, audio files, and other things are all available through the paranormal universe.

Click the image below to learn more about all of this information.



DO YOU OR SOMEONE YOU KNOW HAVE A STORY TO TELL?

Email: mke@mkettingtonbooks.com

The Out of the Box Newsletter

MK Ettington Books

Providing a variety of unusual books on these topics: The Paranormal, Longevity, Aliens/UFOs, Ancient History, and much more….

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Contact Us!

Send a greeting to:

Marty Ettington

mke@mkettingtonbooks.com

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About My Organization…

MKEttingtonbooks.com consists of over 150 books written by me from my own experiences (mainly paranormal) and research.

My original content consists or books, training courses, and more. Formats include printed, Ebooks, Audiobooks, and more. The training courses are all online and multimedia.

As a retired Engineer, my goal is to provide an analytical analysis of many otherwise strange and unbelievable phenomena.

The more we learn, the stranger our world and universe turns out to be. We think we know a lot—but we really know nothing about the Reality we live in.

--Marty Ettington

Help Unlock The Mystery! Send Us Your Story Online Today…

Email: mke@mkettingtonbooks.com

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