M. K. Ettington Books

The Out of the Box Newsletter
Learn about our Books, Online Training, Misc Wisdom, and Unusual Stories

June 2025

The Newsletter is for those not satisfied with the Dogma we are all taught to believe.

What is the real truth about our lives and the world we live in?

Over 12 Categories of Out of the Box Books:

(Click Below Image for our Website Homepage and over 150 books)

Coaching and Business Books	Paranormal Books	Spirituality Books	Ancient History Books
Alien and UFO Books	Longevity & Immortality Books	Living in Space Books	Survival Books
Science Fiction Books	Legendary Beings Books	Strange and Science Books	Time and Dimensional Books
Our Most Popular Books	Self Improvement Books	Specials and Bundles	Political and Social Books

Welcome to this newsletter which covers topics from our 150 Plus books about Aliens/UFOs, Longevity, the Paranormal, Strange Science, and much more…

Picture of the Month

A Picture of the TR-3B in Space
"The TR-3B Black Manta"

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https://mkettingtonbooks.com

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Signup for FREE Longevity Video Ecourse

Signup For and Download our Monthly Newsletter

Signup for Our Affiliate Program & Earn up to $499 per sale

A MAJOR TSUNAMI WARNING

Many famous seers have predicted some type of disaster in 2025. These include Nostradamus, Baba Vanga, and Jeanne Dixon. However, there are two recent seers who have had many correct predictions who are predicting Major Tsunamis in the summer of 2025. Here is more about them:

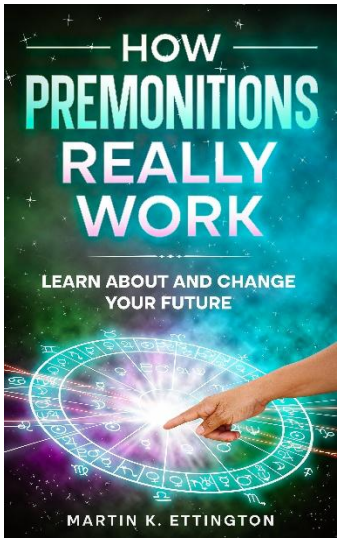
First is a woman in Thailand named “Navaracha Pinitlokakorn” who has had many successful preductions in her country. She now predicts a major natural disaster in the South China Sea and **tidal wave in June/July 2025**. Here is a video about her prediction: https://www.youtube.com/watch?v=efa3IbHxibI

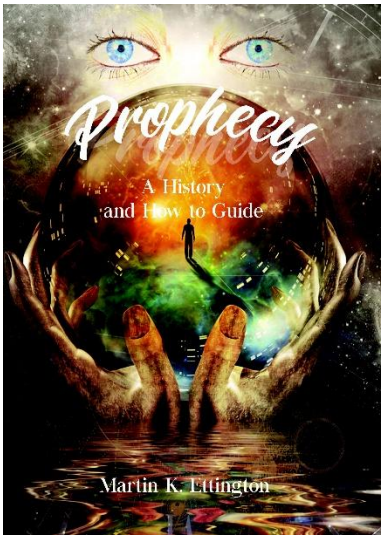
The second predictor is a woman in Japan named “Ryo Tatsuki” has also had many successful predictions of disasters there. She now predicts a **major undersea volcano and tidal wave** in the South China Sea on **July 5, 2025**. (July 4th in USA) Here is a video on her predictions:
https://www.youtube.com/watch?v=KlvFkWsN0Io

I have had my own experiences with premonitions and prophecies in my life including dreams about the 2004 tsunami the year before it happened. I looked at this summer time and location in my mind but all I could tell is that there is a huge amount of potential energy under the ocean in the South China Sea. There are a number of volcanos there in the “Ring of Fire”—any geologist could tell you that.

If this warning helps save one life it will have been worth it.

My books below tell more about personal premonitional experiences including my dreams about the Indian Ocean Tsunami in 2004 as well the history of prophecy. You can click on these covers to go to my website pages on them:





Featured Story- How to Survive Anything From the Wilderness to Man Made Disasters

I recently wrote a book titled “33 Incredible Real Life Survival Stories” which caused my amazement at how people have the persistence to live when confronted by dangerous and deadly situations. I’m an old student of survival. First in my experiences with the Boy Scouts, and then my experiences as an adult backpacker and general sports activities.

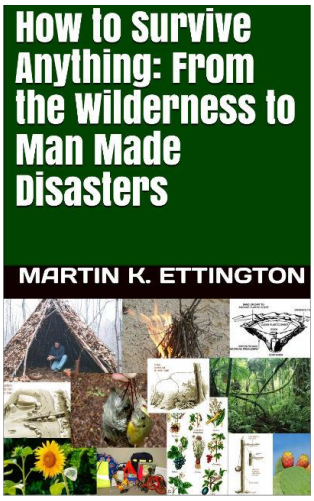
There are other books ut there by Special . orces operators and they prescribe lots of useful information. In this book I’ve included a lot of that type of survival information, but I also wanted to take a little different approach. The Boy Scouts have been part of my life since I was a kid. I was a Cub Scout, a Boy Scout. A scouting Eagle Scout, and later Scoutmaster, and Assistant Scoutmaster. Later on I also became a member of the Knoxville, Tennessee Rescue Squad, and a Private Pilot among many other things.

There is something to be said about the gradual acquiring of knowledge about survival and how it applies to how we live our lives. So I’ve taken that approach in this book—starting with morals, principles, and the spiritual aspects of survival, to the practical knowledge, and then how that information can be generalized to most situations.

You can also bet that most military survival experts, Seals, and other Special Forces were probably Boy Scouts growing up too.

Most of them got their basis for survival skills and leadership skills in the Boy Scouts. The Scout Motto is “Be Prepared” and planning ahead is essential for surviving unexpected situations. Therefore, in this book we will give you a lot of lists of things you should get as emergency supplies and what skills to know to survive.

The things you will learn about in this book are much of what we learned in the Scouts but we will be taking a deeper cut into the details.



Click on the book cover above to learn more

You are a product of your environment. So choose the environment that will best develop you toward your objective. Analyze your life in terms of its environment. Are the things around you helping you toward success - or are they holding you back? W. Clement Stone

Health & Wellness- A Guide to Longevity Foods, Diets, and Supplements

What this Book is all about:

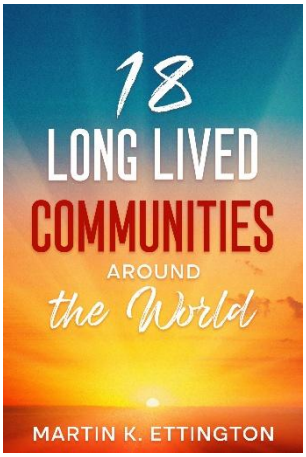
This book is about communities and cities around the world where people live to very old ages. It is divided into two groups. Those communities who have the longest lived peoples in the world. Lots of lifestyle and diet data is included for them.

The second group are another set of communities which have high average ages which people live to but are not quite the outliers that the first group is.

I've also tried to provide some general lifestyle and diet guidelines for each group to give an idea of why these places are different for longevity purposes.

The first four communities were also profiled in my book "Diets and Lifestyles of the World's Oldest Peoples & 32 Longevity Recipes" which goes into lot of details about these four locations including traditional recipes.

Overall, I think you will get a better idea of what the reasons people live a long time in these locations around the world which may give you ideas about adapting your lifestyle and diets to have maximum longevity.



Click on the book cover above to learn more

The more you like yourself, the less you are like anyone else, which makes you unique. Walt Disney

Click These Three Book Categories To See Books on Health and Wellness:

LONGEVITY & IMMORTALITY

SPIRITUALITY

SELF IMPROVEMENT

Book Focus- A Fascinating Journey Through Time

Time is a fascinating subject and one which affects our lives in many ways.

This book covers a lot of aspects of the subject.

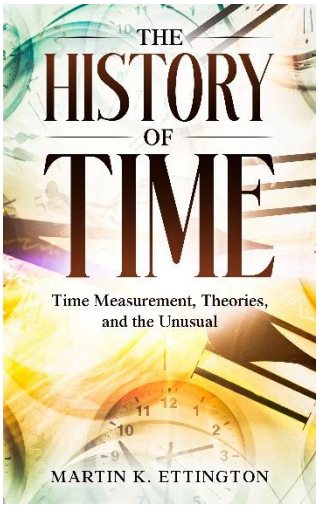
First, how did measurements of time like seconds, minutes, hours, and years develop?

Next, what is the history of timekeeping mechanism from ancient water clocks, to mechanical mechanisms, atomic clocks, and much more.

Lastly, what are some of the stranger aspects or anomalies of time such as premonitions, how time and space work, and possible time travel stories.

And philosophical questions like: Does the future already exist?

I wanted this book to be a comprehensive volume on time and so included lots of different stories and understandings about time which indicate we may not fully understand it yet.



Click on the Book Cover to Learn more and to order

Yesterday is history, tomorrow is a mystery, today is God's gift, that's why we call it the present. Joan Rivers

Signup for FREE Longevity Video Ecourse

Training Focus- Longevity Coaching

This training course is a modified version of the Personal Longevity Training Course for Professionals.

In addition to the multimedia training material in the Personal Longevity Course it includes Quizes and Sessions with the Personal Longevity Creator to get help you to a certification as a Longevity Coach.

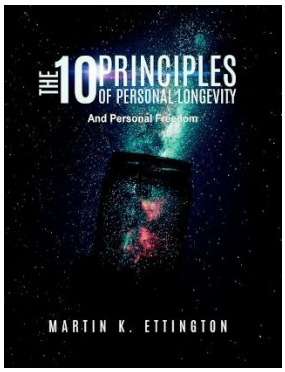
Here are some of the types of professionals who would benefit from this certification:

- Counselors
- Massage Therapists
- Healers
- Nutritionists
- Personal Trainers
- Chiropractors

Many Longevity Coaches have completed this course and have taken tests to prove they knew the materials. They then get a Longevity Coaching Certification. This training is then used as an additional skillset to help improve their overall offerings and revenue.

Benefits of this Longevity Coaching Program for your business:

More clients interested in learning a longevity lifestyle
New longevity services business from existing clients
Generate more revenue from your existing services with new clients
A longevity lifestyle philosophy integrated with what you already teach
Minimize your time investment in the program
Complement what you are already doing with your clients



Click the Cover Above to Learn more

CLICK HERE TO LEARN MORE ABOUT AFFILIATES AND HOW TO SIGNUP

The greatest obstacle to discovery is not ignorance - it is the illusion of knowledge.
Daniel J. Boorstin

Book Bundle Deal- The Spirituality and Enlightenment Six Books Bundle

A Modern Man's Search for Truth

This book is a modern story similar to Siddhartha. How does a nonconformist find truth and enlightenment in today's world? Lots of paranormal, spiritual, and physical adventures in this book. NOTE: Three quarters of this book is based on true life events.

The Enlightenment Experience

The Enlightenment Experience is very powerful according to those who have experienced it. But can it be described properly to the layman? This book is a flow of consciousness to help you comprehend what those people experience. Once you get into the flow i'm sure you will enjoy it.

Enlightenment for Newbies

(Formerly titled "Enlightenment for Dummies")

An overview of the subject of enlightenment. A step by step review of history, what it is, and how to get there. Also includes lots of personal stories of enlightenment as examples.

Learn Your Soul's Purpose to Live a Fullfiling Life

Having a Life Purpose is critical to everyone. Otherwise what are we living for?

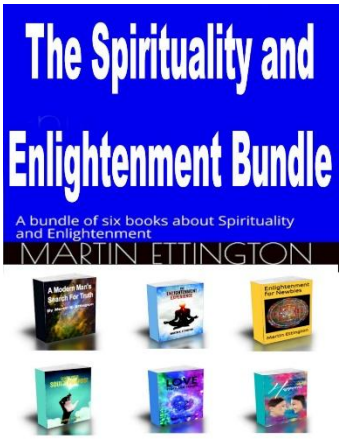
How to define your life purpose is discussed and exercises to do so.

Love From the Heart

his book is about Love--what it is--the four main types of love, and Unconditional Love. Guidance and exercises are provided to show the reader how to reach a state of Unconditional Love. Also how a true heart opening experience feels--it's a wonderful blessing

Removing Illusions to Find True Happiness

Happiness is something we are all searching for but few find. Finding happiness should be a high priority in life. This book covers the history of the search for happiness, what happiness is, illusions in the search for it, and how to achieve true happiness.



Click on the book cover above to learn more

Wisdom ceases to be wisdom when it becomes too proud to weep, too grave to laugh, and too selfish to seek other than itself. Khalil Gibran

Spiritual Practice- Creating Your Own Reality

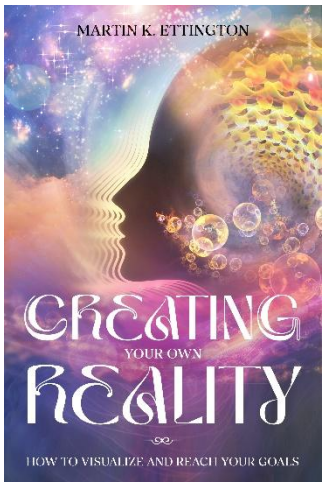
There are a lot of books written on the topic of visualization. Mine is a little different.

As an engineer and experiencer of many paranormal events I've got a different perspective enabled by my research and experience. There are many subjects I've studied that indicate that the mind really can affect our reality.

In this book I will review why my research and experience says that visualization really works and some lessons on how to do it.

The Reality we live in is much more malleable than we think and so why not set our goals and purposes to get that reality to work the way we want it?

Techniques included in this book include various visualization techniques and building your own vision board.



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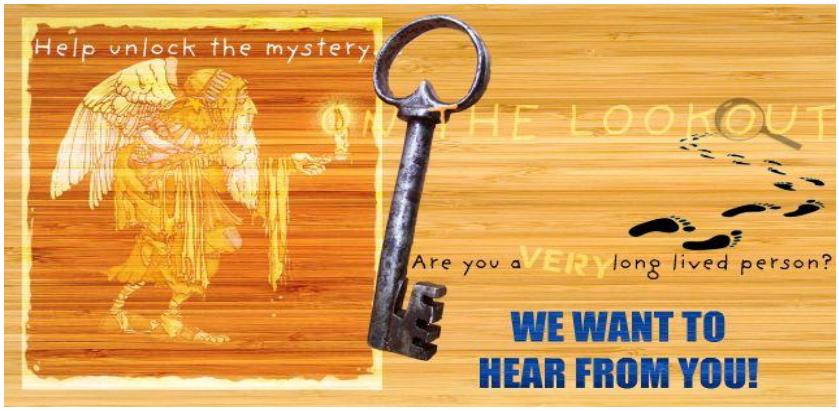
DO YOU OR SOMEONE YOU KNOW HAVE A STORY TO TELL?



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The Out of the Box Newsletter

MK Ettington Books

Providing a variety of unusual books on these topics: The Paranormal, Longevity, Aliens/UFOs, Ancient History, and much more….

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About Our Organization…

MKEttingtonbooks.com consists of over 150 books written by me from my own experiences (mainly paranormal) and research.

My original content consists or books, training courses, and more. Formats include printed, Ebooks, Audiobooks, and more. The training courses are all online and multimedia.

As a retired Engineer, my goal is to provide an analytical analysis of many otherwise strange and unbelievable phenomena.

The more we learn the stranger our world and universe turns out to be. We think we know a lot—but we really know nothing about the Reality we live in.

--Marty Ettington

Help Unlock The Mystery! Send Us Your Story Online Today…

Email: mke@mkettingtonbooks.com

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