M. K. Ettington Books

Learn about a New Book Month, Chosen because it provides a Unique Point on Unusual Subjects

October 2025

October Book Spotlight One:

Shadows of Thought and Fire – Jinns, Tulpas, and Thoughtforms

I first read about Thoughtforms many years ago. The concept is that you can create a "focused thought" from your own thoughts and force of will.

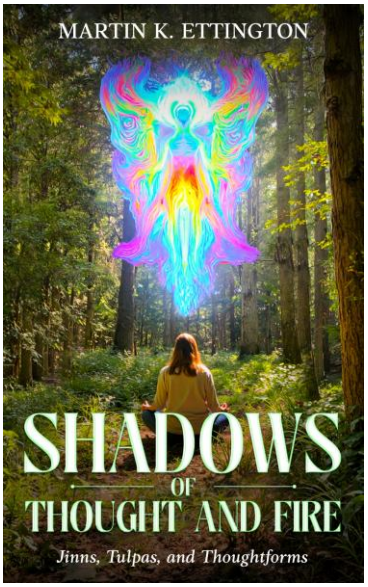
It is said that conscious entities can also be created in this manner.

This concept has been around for thousands of years. Tulpas and Jinn also seem to be creations of thought in many cases.

This book goes into the histories of Jinns, Tulpas, and Thoughtforms which all seem to be related and mostly incarnations of our conscious visualizations an d force of will.

I've also includes a Tulpa creation technique near the end which you should find very interesting.

There are many historical references listed which validate many of the stories and an appendix with lots of helpful follow-up information is at the end too.



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