M. K. Ettington Books

The Out of the Box Newsletter
Learn about our Books, Online Training, Misc Wisdom, and Unusual Stories

October 2025

The Newsletter is for those not satisfied with the Dogma we are all taught to believe.

What is the real truth about our lives and the world we live in?

Over 12 Categories of Out of the Box Books:

(Click Below Image for our Website Homepage on over 150 books)

Coaching and Business Books	Paranormal Books	Spirituality Books	Ancient History Books
Alien and UFO Books	Longevity & Immortality Books	Living in Space Books	Survival Books
Sci Fi & Fiction Books	Legendary Beings Books	Strange and Science Books	Time and Dimensional Books
Health & Wellness Books	Self Improvement Books	Rare Occult Books	Political and Social Books
Metaphysics Books	Our Most Popular Books	Specials and Bundles	

Welcome to this newsletter which covers topics from our 150 Plus books about Aliens/UFOs, Longevity, the Paranormal, Strange Science, and much more…

Picture of the Month

Dimensional & Time Portals

"The Hidden Paths: Ancient Gateways to Other Worlds"

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https://mkettingtonbooks.com

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Signup for FREE Longevity Video Ecourse

Signup For and Download our Monthly Newsletter

Signup for Our Affiliate Program & Earn up to $499 per sale

Featured Story- Technology and the Psychic: When Silicon Meets Spirit

I'm both an Engineer and mostly enlightened clairvoyant so I feel comfortable in both the technology and spiritual worlds.

My career was mainly working as a software developer, software development manager, and IT project manager for large Aerospace corporations. I've also followed the history of AI tools and use them myself today.

Over the years I've written a number of books on the Paranormal and Spiritual topics many of which were based on my personal experiences such as my premonitions and prophecies.

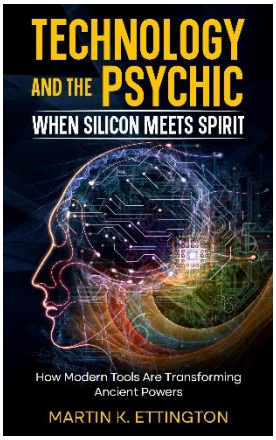
These experiences have led me to believing that our entire world is conscious and we can tune into those consciousness frequencies through meditation and related practices.

A lot of people are worried about AI tools becoming conscious and taking over the world. This is often called us reaching the "Singularity".

I decided to write this book to show how consciousness and technology are already working together and how they may work together even closer in the future.

Also, my perspective on whether Artificial Intelligence can ever become truly conscious.

So let us begin our fun exploration of exciting future possibilities.



Click on the book cover above to learn more

"Two things are infinite: the universe and human stupidity; and I'm not sure about the universe."
– **Albert Einstein**

Health & Wellness- The Handbook of Spiritual and Energy Healing

I have been studying the spiritual and paranormal my entire life. This has also led to me having many paranormal experiences such as prophecy. I'm also a Reiki healer and have experimented a lot with vital forces and different healing methods.

Since I'm also and engineer I think this gives me a fairly unique perspective on the scientific and the spiritual. My view is that spiritual/faith and psychic healing can often be entirely separate approaches.

In looking at all the books available on this topic I saw a lot focusing on the spiritual aspects and some focused on Chakra usage or Reiki healing. What I didn't see was an overview and history of the whole topic to help people understand how spiritual and energy healing developed and how it fits into the science and medicine of today.

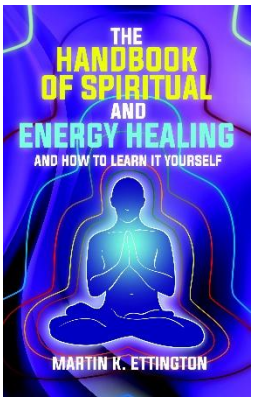
There is also a need to see how spiritual and energy healing integrates with other medicines to improve a person's long term health.

In Part One of this book we cover the sources of vital forces and energies in the human body.

Part Two is on the history spiritual and vitals forces healings and many examples of spiritual and faith healers.

Part three is all about how you can develop these healing abilities yourselves. Exercises to learn these healing processes are included.

Part Four covers how to integrate the spiritual, mental, and physical parts of your being to provide stable long term health for your life.



Click on the Book Cover to Learn more and to order

"Be who you are and say what you feel, because those who mind don't matter, and those who matter don't mind."
– **Bernard M. Baruch**

Click These Three Book Categories To See More Books on Health and Wellness:

HEALTH & WELLNESS

LONGEVITY & IMMORTALITY

SPIRITUALITY

SELF IMPROVEMENT

Signup for FREE Longevity Video Ecourse

BOOK FOCUS

Book Focus- Building Hope and Wonder Among Chaos

This book provides thirty days of ideas to build your hope and to allow you to develop a sense of wonder about the world we live in.

I've written over one hundred books on a variety of topics from the paranormal, to self-help books, survival, and much more.

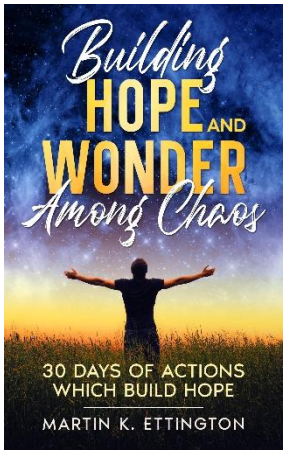
I also occasionally get premonitions about danger, and many other events in my life. Recently I received an intuition to write about "Hope".

After meditating on this topic I realized that this is a big concern of many people in our chaotic world. With the Pandemic, violence, inflation, and general stress of our world we all need new insight into having Hope in our lives.

Interestingly, many of the topics I've researched and written about can also provide hope and new paradigms for people.

The more I've experienced, researched, and written on many different "Out of the Box" topics, the more I've achieved a state of amazement and wonder about our Universe.

We live in a truly amazing



Click on the Book Cover to Learn more and to order

"Be the change that you wish to see in the world."
– **Mahatma Gandhi**

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"If you want to know what a man's like, take a good look at how he treats his inferiors, not his equals."
— **J.K. Rowling, Harry Potter and the Goblet of Fire**

Book Bundle Deal- The Human History and Aliens Bundle

This compilation of books all have an interrelated theme which is that the history of humanity has been heavily influenced by Aliens and Alien Technology

The first book is titled **Ancient and Prehistoric Civilizations**. In this book there are many ancient megalithic ruins of civilizations which push the frontier of our understanding of the origins of civilization by many thousands of years. Ancient Giants may also have been involved in these constructions from the proximity of their remains associated with these sites.

The second book is titled **Ancient and Prehistoric Civilizations-Book Two**. In this book I researched and found additional megalithic ruins which also increase the mystery of who built them since many of these ruins must have been built way before the accepted start of human civilization.

In the third book titled **Strange Objects Which Should Not Exist** I did a review of artificial objects found with ages going back hundreds of millions of years. These findings also include anomalous imprints of Giants in rocks which are 100 to 200 million years old.

Book Four is titled **Aliens are Already Among Us**. In this book I examined how long Aliens have been on this planet and how they have influenced us. My conclusion is that they have been here at least for many thousands of years and possibly much longer.

Book Five is titled **Aliens and Secret Technology-A Theory of the Hidden Truth**. Here much of our modern technology is researched and lots of evidence presented that much current technology and hidden super advanced capabilities have derived from Alien discoveries.

Overall, this sequence of books shows that there is a theme throughout history that aliens have affected humanity not only since homo-sapiens evolved but even well into pre-history to hundreds of millions of years ago when animal life didn't yet exist on Earth's land.

That Giants lived on the Earth back then and had their own civilizations. Our civilization today is in many ways a result of our interactions with aliens for our entire history.

Click on the book cover above to learn more

"If you tell the truth, you don't have to remember anything."
– **Mark Twain**

Spiritual Practice- My Incredible Paranormal, Spiritual, and Out of the Box Experiences-An Autobiography

Many of my friends who know me well and know some of my experiences insist I should write an autobiography because many people will find my stories fascinating.

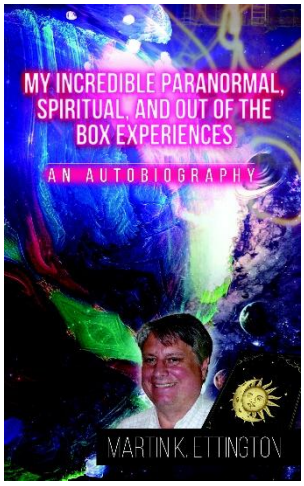
My life has been about my spiritual, and paranormal explorations of the world, and studies of our universe. These views are discussed in over one hundred books; which is detailed near the end of this autobiography.

These stories include a spirit attacking me, many prophecies of mine-some of which saved my life. Also a fight with a bear in the wilderness and many other strange experiences which includes a spiritual enlightenment event, and specific memories from before my birth during, and just after it.

My education as an engineer at a top school has also led me to an analytical point of view about the world; but I've also remained open to new and "impossible" experiences without denying that they really happened. This has led me to a pretty unique point of view as a writer about many "out of the box" subjects which some professionals condemn as illusionary—but many individuals really experience.

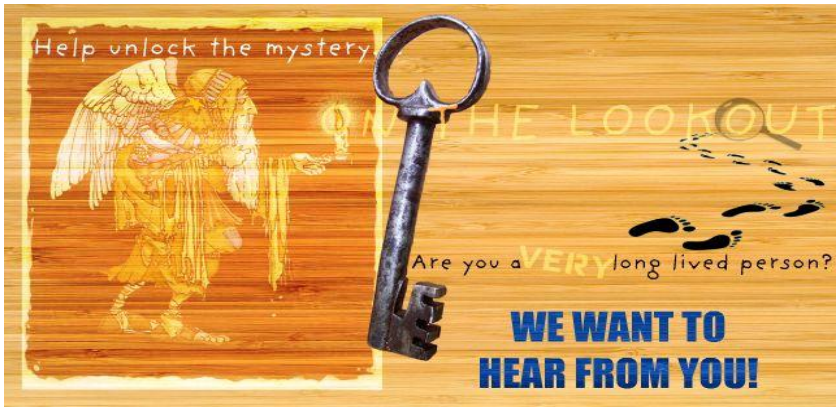
The experiences of my life in this book should also give you a good idea of the circumstances which created the person I am today, and why I write the books that I do.

I've grouped my major life experiences mostly sequentially, but some things which took place over longer periods of time are grouped together. So there is some overlap in different chapters of my life. But you can see how all these topics blend together.



Click on the book cover above to learn more

DO YOU OR SOMEONE YOU KNOW HAVE A STORY TO TELL?



Email: mke@mkettingtonbooks.com

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MK Ettington Books

Providing a variety of unusual books on these topics: The Paranormal, Longevity, Aliens/UFOs, Ancient History, and much more….

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Send a greeting to:

Marty Ettington

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About My Organization…

MKEttingtonbooks.com consists of over 150 books written by me from my own experiences (mainly paranormal) and research.

My original content consists or books, training courses, and more. Formats include printed, Ebooks, Audiobooks, and more. The training courses are all online and multimedia.

As a retired Engineer, my goal is to provide an analytical analysis of many otherwise strange and unbelievable phenomena.

The more we learn, the stranger our world and universe turns out to be. We think we know a lot—but we really know nothing about the Reality we live in.

--Marty Ettington

Help Unlock The Mystery! Send Us Your Story Online Today…

Email: mke@mkettingtonbooks.com

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