M. K. Ettington Books

The Out of the Box Newsletter
Learn about our Books, Online Training, Misc Wisdom, and Unusual Stories

May 2025

Welcome to this newsletter which covers topics from our 150 Plus books about Aliens/UFOs, Longevity, the Paranormal, Strange Science, and much more…

https://mkettingtonbooks.com

May Edition Highlights

Featured Story-The Commentaries of Living Immortals
Page 2

Book Focus- 15 Ideas Which Will Change the World
Page 3

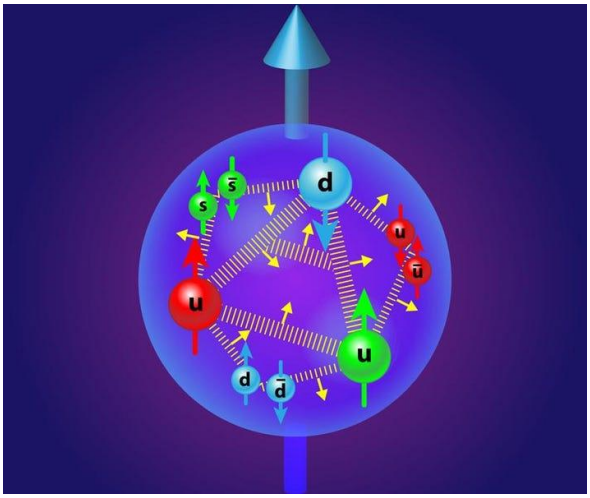
Training Focus- Earn Big Money as a Training Affiliate
Page 4

Book Bundle Deal of the Month-The Living in Space Series Six Books Bundle
Page 5

Spiritual Practices- Love From the Heart
Page 6

Signup for FREE Longevity Video Ecourse

Picture of the Month



A Pictoral Concept of a Prion

"The Microscopic World Inside and Around Us"

Featured Story- The Commentaries of Living Immortals

This all started a few years ago when I wrote my book "Physical Immortality: A History and How to Guide" based on my research into very long lived persons and my theories on how one can extend their longevity to 150 years or more.

Part of my marketing effort was to setup different webpages where I had articles about my book with links to my website for sales. One of these sites also included a discussion bulletin board where anyone could post comments.

For over a year there were typical comments both pro and con about my book.

Then the comments started to change, and a variety of persons started posting who said that they were living immortals and made statements to me about their knowledge and what immortality is really all about.

Stealth says he is over 2800 years old and this is a little bit of what he wrote:

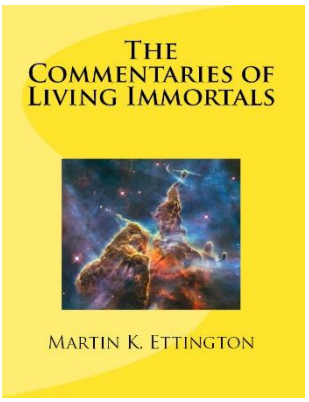
Hi. Marty, my small childhood was a good one peace full happy, my mother/father were simple farmers and my father was also a deer/sheep hunter/hearder, that was very long ago i was born in today its named Elgin in Scotland I did say born 2823bc but if you add the dates its 812bc.

i used to live in a small house with a wooden/hay bed with brick firecplace/walls, and small kitchen area, They died young, my age being 17 they got sick/ill/hunger they were 45 years old. near the end of neolithic start of the bronze age britany. Back then the viking era. Then shortly after i was still a young Immortal aged 20 then moved to irland then new/fird deity named Lugh/Lugus till aged 160.

What Stealth says about the other immortals he has met:

"I have met over 170 other immortals dating from 20,000 years old to 110 years old, from around Earth. Gods are in another league. I have met 15 Gods/Godesses …. most are norce/celtic Gods."

"There is at least 2000 of us out of your 7billion humans doing the exact same as me ie jobs/names some still hide in mountans and forests."



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"Be yourself; everyone else is already taken."
— **Oscar Wilde**

Book Focus- 15 Ideas Which Will Change the World

The world is not as we think it is. We are taught standard accepted beliefs from birth and many of them are not correct or a misunderstanding of the truth.

Who am I to say so? At this writing I'm nearly seventy years old and I've spent my life observing reality as an engineer and explorer of the unknown.

I've had many weird and paranormal experiences and done lots of research. Many patterns have made themselves known to me and this is why I make these types of statements.

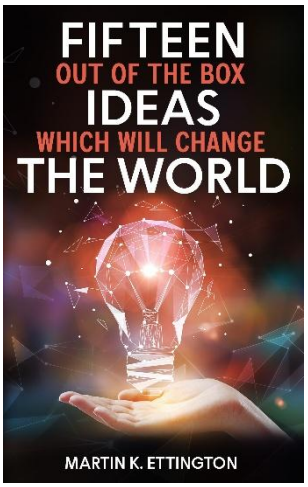
This book is an effort to shed light on these misunderstandings and change your perception of the world we live in.

Much of what I will relate is based on my subjective experiences and research many would say does not conform to the accepted scientific method yet you will see that my observations make a lot of common sense.

Some of these concepts have been around for thousands of years but are not commonly accepted today. My effort is to show you why these ideas are likely true and how these concepts also are built on to provide new understandings.

At the end of each chapter logic is provided on how general belief in these new ideas will change humanity.

My hope is that by the end of this book you the reader will open your mind more about many things which are strange but possibly true.



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> "Darkness cannot drive out darkness: only light can do that. Hate cannot drive out hate: only love can do that."
> – **Martin Luther King Jr., A Testament of Hope: The Essential Writings**

Signup for FREE Longevity Video Ecourse

Training Focus- Earn Big Money as a Training Affiliate

EARN 50% COMMISSIONS ON OUR TRAINING COURSES AND

BOOKS. COMMISSIONS ARE UP TO $127.50 PER SALE

(Customer Memberships are also included with Monthly Splits)

WE OFFER FIVE ONLINE COURSES AND MORE ARE COMING:

Personal Longevity and Longevity Coaching Training will satisfy customers for these reasons:

It adds lucrative longevity skills to many professionals repertoire:

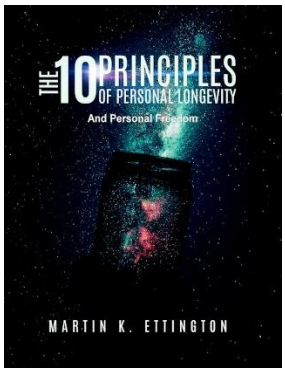
Counselors
Massage Therapists
Healers
Nutritionists
Personal Trainers
Chiropractors

Longevity Training:

Its Health related--Covering short term and long term health through teaching people the longevity lifestyle
Self Development-It covers several self development topics including defining your Purpose in Life, Building Your Life Urge, and developing Unconditional Love in your heart
Healthy Diets-The details of the diets of long lived persons are discussed and reviewed and lots of longevity food recipes are included

Education-Clients will learn about the Science of Longevity, many longevity herbs, and much more useful information
Spirituality-Exercises to help you improve your spirituality as part of the longevity lifestyle
Lots of downloadable PDF Books too-more value than the cost of the course
This Longevity Training course used to be sold for $1995 per person to professionals.

The full price is now $155 for individuals and $255 for professionals
Paranormal Training is Unique and Provides these Benefits



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CLICK HERE TO LEARN MORE ABOUT AFFILIATES AND HOW TO SIGNUP

"Imperfection is beauty, madness is genius and it's better to be absolutely ridiculous than absolutely boring." – **Marilyn Monroe**

Book Bundle Deal- The Living in Space Series Six Books Bundle

All About Moon Bases

Learn about building Moon Bases, the history or plans to do so, and the other issues involved. There will also be a space station orbiting the moon called the Lunar Gateway. What will we do with a long term presence on the Moon also?

All About Mars Journeys and Settlement

The manned mission to Mars will be the greatest exploration adventure of the 21st Century. What is the history of Mars exploration? And what missions have been proposed? What types of space systems would be needed? And what are some concepts for Mars bases. There is a lot of information and plans about manned missions to Mars

Designing and Building Space Colonies

One of the greatest adventures in the future of humanity will be to construct, work, and live in space based structures. In this book we look at the history of ideas for living in space, proposed space colony designs, and technology.

The details of current life support technology on the International Space Station is reviewed, and what technologies will be required for development of large scale space colonies.

Mining the Asteroid Belts

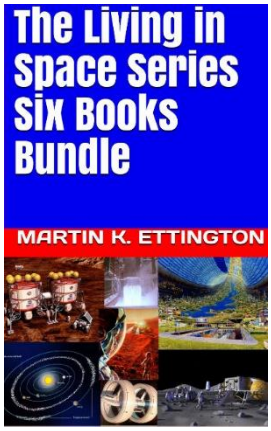
Why should we go to the Asteroid Belt? And did you know there are multiple groups of Asteroids in the Solar System? Also, how would we mine them, what would we find, and how would we live?

Building and Sending Interstellar Probes

Engineers and Scientists are already planning how to send a space probe to Alpha Centauri. It will be designed to travel a significant percent of light speed to get there within our lifetimes. Learn the history of interstellar probes and what we may see in our lifetimes from the launch of one to the nearest star.

Types of Rocket Propulsion and Potential Space Drives

What kind of rocket engines will we need to move around the Solar System? And what are some of the notional ideas for interstellar manned travel? Learn about all this and the history of rocket engines too.



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"There are only two ways to live your life. One is as though nothing is a miracle. The other is as though everything is a miracle."
— **Albert Einstein**

Spiritual Practice- Love From the Heart

This book is an exploration into what Love is, the types of Love, and Unconditional Love.

What is Love really all about? How many types of Love are there?

And why do we spend so much time focusing on this quality in our lives?

This book goes into the history of Love, the types of Love as originally defined by the Greeks, and Unconditional Love.

Unconditional Love is a type of spiritual love for all persons and things.

We help the reader better understand what Unconditional Love is, and exercises to help bring it into your life.

To experience love in all its many forms is what makes life exciting.

Without Love in one's life--we can be dull, dreary, and feel like it's all not worth living.

If you are looking for more purpose to your life—then improving how love acts in your life will be worth it.

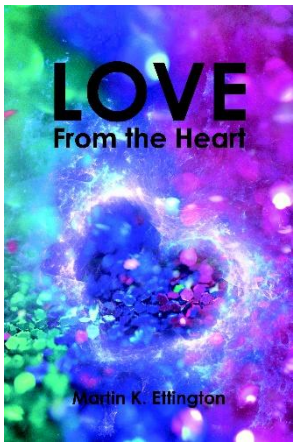
In this book you will also learn several different exercises focused on helping you experience Unconditional Love.

Having this experience is very powerful and will change your life--as I the Author can attest.

Everything that exists is both hunter and prey.
What is it that we hunt? Humans hunt for love.
We feel that we need that love, because we believe we don't have love,
because we don't love ourselves.
We hunt for love in other humans just like us, expecting to get love from them when these humans are in the condition as we are.
We are hunting for love, when the love we need is inside ourselves.
-Don Miguel Ruiz

How can we learn to experience Unconditional Love? Is it something that only Masters who practice for many years can feel?

Fortunately, the answer is no--Through learning basic meditation and doing the right exercises on the heart chakra it doesn't take long at all to start feeling the loving oneness of Unconditional Love.



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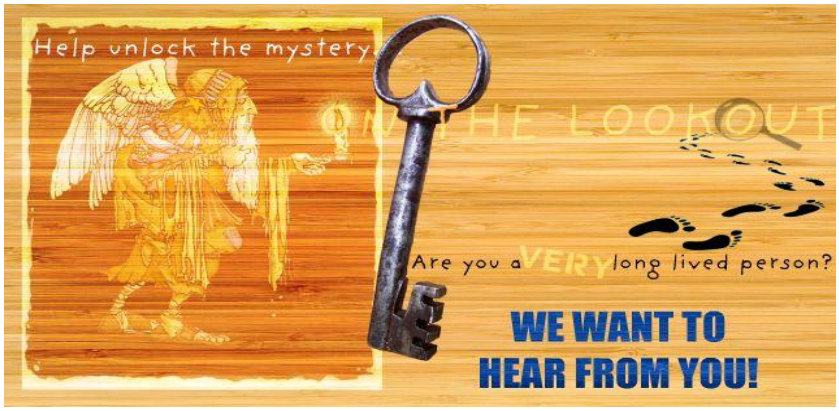
DO YOU OR SOMEONE YOU KNOW HAVE A STORY TO TELL?



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The Out of the Box Newsletter

MK Ettington Books

Providing a variety of unusual books on these topics: The Paranormal, Longevity, Aliens/UFOs, Ancient History, and much more….

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Contact Us!

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About Our Organization…

MKEttingtonbooks.com consists of over 150 books written by me from my own experiences (mainly paranormal) and research.

My original content consists or books, training courses, and more. Formats include printed, Ebooks, Audiobooks, and more. The training courses are all online and multimedia.

As a retired Engineer, my goal is to provide an analytical analysis of many otherwise strange and unbelievable phenomena.

The more we learn the stranger our world and universe turns out to be. We think we know a lot—but we really know nothing about the Reality we live in.

--Marty Ettington

Help Unlock The Mystery! Send Us Your Story Online Today…

Signup for the "Out of the Box" Newsletter