M. K. Ettington Books

The Out of the Box Newsletter
Learn about our Books, Online Training, Misc Wisdom, and Unusual Stories

March 2026

The Newsletter is for those not satisfied with the Dogma we are all taught to believe.

What is the real truth about our lives and the world we live in?

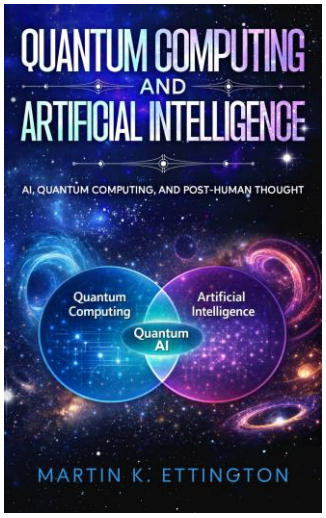
Over 12 Categories of Out of the Box Books:

(Click Below Image for our Website Homepage on over 150 books)

Coaching and Business Books	Paranormal Books	Spirituality Books	Ancient History Books
Alien and UFO Books	Longevity & Immortality Books	Living in Space Books	Survival Books
Sci Fi & Fiction Books	Legendary Beings Books	Strange and Science Books	Time and Dimensional Books
Health & Wellness Books	Self Improvement Books	Rare Occult Books	Political and Social Books
Metaphysics Books	Our Most Popular Books	Specials and Bundles	

Welcome to this newsletter which covers topics from our 150 Plus books about Aliens/UFOs, Longevity, the Paranormal, Strange Science, and much more…

Picture of the Month



[Quantum Computing and Artificial Intelligence]

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https://mkettingtonbooks.com

February Edition Highlights:

Featured Story- The Cognitive Amplification Engine
Page 3

Health & Wellness- Physical Immortality: A History and How to Guide
Page 4

Book Focus- Quantum Computing and Artificial Intelligence
Page 5

Training Focus Deals
Training Courses, Bundles, and Subscriptions
Page 6

Universes of the Month
The Legendary Beings Universe
Page 7

Audio Tracks
Survival Stories and Facts
Page 8

Our Website PDF 25% Standard Discount
Page 9

Signup For and Download our Monthly Newsletter

Signup for Our Affiliate Program & Earn up to $499 per sale

Featured Story- The Cognitive Amplification Engine

This book describes a way of thinking, not a tool.

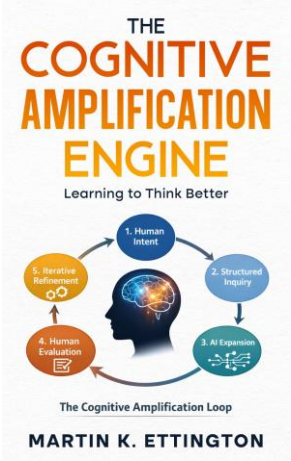
It argues that artificial intelligence is not intelligent, that fluent output is not understanding, and that the real risk in human–machine interaction is not that machines will replace us—but that we will stop thinking clearly while using them. The central idea of the book is cognitive amplification: using tools to extend human reasoning while preserving human judgment, intent, and responsibility.

Methods like this, however, face a practical problem. They are easy to understand and difficult to apply consistently.

Most people already believe they think in stages. In practice, intent is vague, constraints are assumed rather than defined, options are prematurely narrowed, and conclusions are accepted because they sound coherent. Under time pressure or when interacting with persuasive systems, discipline collapses.

This is where the Cognitive Amplification Engine (CAE) enters—not as an authority, and not as an artificial mind, but as a structured environment.

This book is a companion for the CAE plugin for wordpress which helps automate this structured thinking process



Click on the book cover above to learn more

> "The saddest aspect of life right now is that science gathers knowledge faster than society gathers wisdom."
> — **Isaac Asimov**

Health & Wellness-Physical Immortality: A History and How to Guide

I had an experience at age four where I met a man at a glider field and for some reason I said to him “Are you the man who never dies?”. He didn’t laugh at me but gave me a very strange look. I’ve since learned that an immortal 500-1000 years old supposedly lives in that area.

When I started reading books about highly developed adepts many years ago, the books also mentioned spiritually advanced immortals who lived many lifetimes.

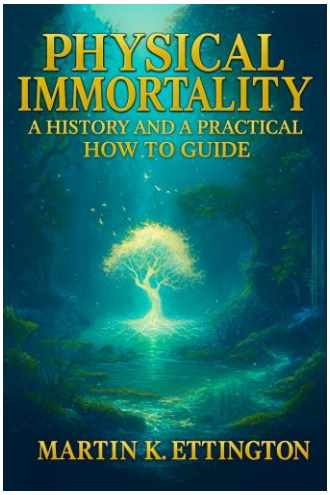
This was a fascinating idea to me and fueled my interest in the subject since then.

Over many years I’ve read books and websites on immortality, learned many spiritual and energy practices, and I finally came to a theory of immortality which has been validated by much of what I’ve learned.

This book goes into the history of Immortality, shows many examples of very long lived persons, then presents the theory and practices of how one can extend their life indefinitely.

Some of these Chapters provide Spiritual Practices, exercises, and supplements to help you live forever.

Advice is also given on attitudes and abilities to avoid accidents to help you in your quest for immortality.



Click on the Book Cover to Learn more and to order

> “Never laugh at live dragons.”
> – **J.R.R. Tolkien**

Click These Three Book Categories To See More Books on Health and Wellness:

HEALTH & WELLNESS

LONGEVITY & IMMORTALITY

SPIRITUALITY

SELF IMPROVEMENT

BOOK FOCUS

Book Focus- Quantum Computing and Artificial Intelligence

Intelligence is the most powerful force ever to emerge in the universe.

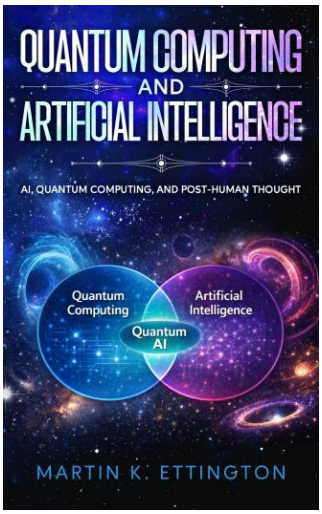
Today, intelligence is undergoing its most radical transformation since the emergence of the human mind.

Artificial intelligence has moved from theory into daily life. Algorithms now diagnose disease, generate art, predict markets, and converse with humans in natural language. Yet beneath these achievements lies a deeper truth: most contemporary AI remains constrained by the limits of classical computation. It excels at pattern recognition but struggles with genuine understanding, intuition, and creativity. It scales, but it does not truly think.

At the same time, a second revolution is quietly unfolding—one that challenges our deepest assumptions about computation itself. Quantum computing does not merely make calculations faster; it operates on principles fundamentally different from classical logic. Superposition, entanglement, and probabilistic collapse allow quantum systems to explore vast landscapes of possibilities simultaneously. These machines do not step through solutions one at a time—they sample reality in a way that resembles intuition more than calculation.

When artificial intelligence and quantum computing converge, intelligence itself changes form.

This book explores that convergence—and the consequences that follow.



Click on the Book Cover to Learn more and to order

"Think before you speak. Read before you think."
– **Fran Lebowitz, The Fran Lebowitz Reader**

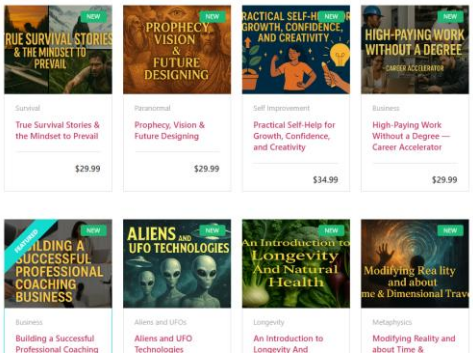
TRAININGFOCUS

Training Focus- Training Courses, Bundles, and Subscriptions

Our website now has comprehensive sections on training courses, mega bundles and subscriptions to courses based on our books These sections are called **UNIVERSES**

Mega Bundles Available:

CLICK ON THE UNIVERSE IMAGE ABOVE TO LEARN MORE



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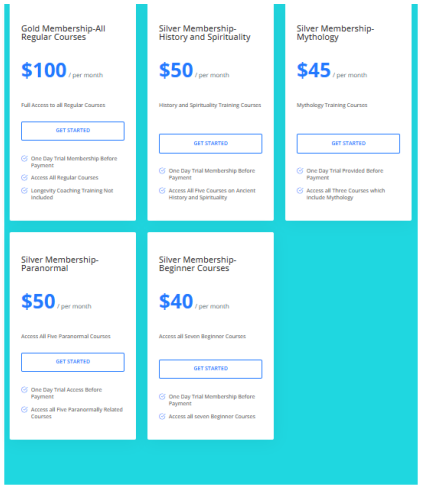


CLICK ON THE SUBSCRIPTIONS IMAGE ABOVE TO LEARN MORE

[Download the Online Training Catalog]

"The simple things are also the most extraordinary things, and only the wise can see them."
— **Paulo Coelho, The Alchemist**

Universe of the Month-The Legendary Beings Universe

The UNIVERSE concept is new on my website this month.

The idea is to provide books, training courses, audios, bundles and more all grouped in one place to let users find all of the information on that subject together.

The current collection in this Universe is as follows:

The Universe Starter Guide-to give you a flavor for what comes next in this Universe Focus

Listings of Individual Spirituality Books in two ways.

The first way is our Shop listing if you want to order this book as a PDF file

The second way is the detailed listing of all Spirituality books with a full description pages, video, and ordering options for each particular books on it's page.

Next is a audio track on conscious awareness

There are also five enlightenment related course available as follows:

An Overview of the Enlightenment Experience based on two books of mine.

Then the Path to Enlightenment and how to get there.

Next are some longevity and meditation videos.

Followed by a course on Thoughtforms, Jinn, and Tulpa thought and energy beings.

Finally a mega bundle which includes all four courses at a high discount.

"Yesterday I was clever, so I wanted to change the world. Today I am wise, so I am changing myself."
– **Rumi**

The Legendary Beings Universe

There are many strange beings in this world. Learn about them here.

Books, Courses, and Bundles to help enable your learning and explorations

Click on the Universe Header above to learn more

Audio Tracks- Survival Stories and Facts

survival-stories-and-facts-31minutes
$14.95
Stories of Survival: The Human Will to Live
What keeps a person alive when everything is gone?
No shelter.
No rescue.
No certainty of tomorrow.
Stories of Survival: The Human Will to Live is a powerful, immersive audio experience based on real-life survival events—men and women who endured war, wilderness, oceans, deserts, captivity, and extreme isolation, yet refused to surrender.
This is not a dramatized movie script.
It is the psychology of survival.
Drawn from true stories of people who survived plane crashes, shipwrecks, frozen wastelands, brutal imprisonment, and impossible physical injury, this audio reveals what survivors actually did when fear, hunger, pain, and despair closed in.
You will hear how:

- Ordinary people made extraordinary decisions under pressure
- Survivors controlled panic and adapted to reality instead of fighting it
- The human mind became the most important survival tool
- Endurance was built minute by minute, not through heroics but discipline
- Survival continued long after rescue, shaping how people lived afterward

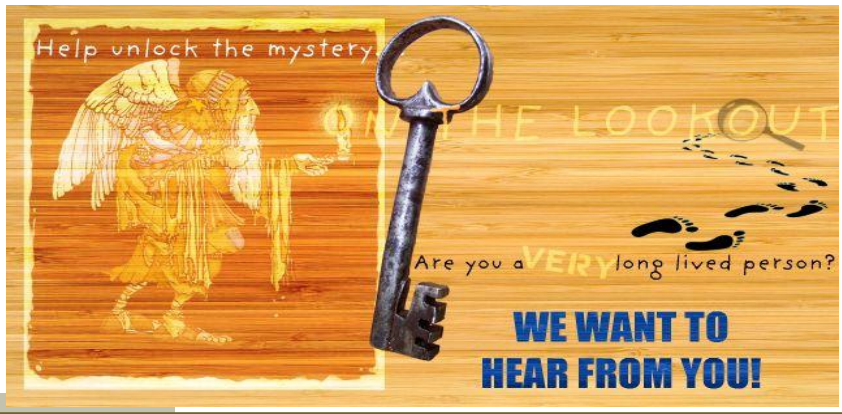
This audio is structured in **five powerful parts**, guiding you through:
The moment everything breaks
Enduring the unthinkable
When nature becomes the enemy
The battle inside the mind
What survival leaves behind
Whether you are interested in real survival stories, mental resilience, or understanding how human beings function at their absolute limits, this audio delivers insight that is raw, grounded, and deeply human.
This is for you if:

- You are fascinated by true survival stories
- You want to understand mental toughness and resilience
- You face long-term challenges and need perspective
- You value real experiences over motivational clichés

Survival is not about being fearless.
It is about continuing when quitting feels logical.
Stories of Survival: The Human Will to Live reminds you that resilience is not rare—it is human.

Click on the audio cover above to learn more

DO YOU OR SOMEONE YOU KNOW HAVE A STORY TO TELL?



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MK Ettington Books

Providing a variety of unusual books on these topics: The Paranormal, Longevity, Aliens/UFOs, Ancient History, and much more….

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You will also get a free additional bundle of spiritual and metaphysical classics when you buy off our website

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About My Organization…

MKEttingtonbooks.com consists of over 150 books written by me from my own experiences (mainly paranormal) and research.

My original content consists or books, training courses, and more. Formats include printed, Ebooks, Audiobooks, and more. The training courses are all online and multimedia.

As a retired Engineer, my goal is to provide an analytical analysis of many otherwise strange and unbelievable phenomena.

The more we learn, the stranger our world and universe turns out to be. We think we know a lot—but we really know nothing about the Reality we live in.

--Marty Ettington

Help Unlock The Mystery! Send Us Your Story Online Today…

Email: mke@mkettingtonbooks.com

Signup for the "Out of the Box" Newsletter