M. K. Ettington Books

The Out of the Box Newsletter
Learn about our Books, Online Training, Misc Wisdom, and Unusual Stories

March

2025

Welcome to this newsletter which covers topics from our 150 Plus books about Aliens/UFOs, Longevity, the Paranormal, Strange Science, and much more…

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March Edition Highlights

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Picture of the Month

An Excavated area of Bosnian Pyramid Pictured Above

"The Big Book of Pyramids"

Featured Story- The TR-3B Black Manta

The TR-3B, or Black Manta, or Astrid is one of the most fascinating potentially top secret aircraft ever created by the United States military.

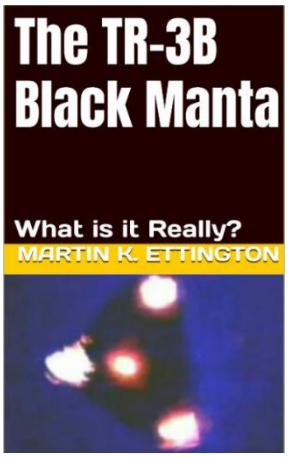
The big reason for this is that this craft is supposed to use anti-gravity technology. This technology is discussed a lot in this book.

Also, what other evidence is there for the existence of this craft? There are lots of unknowns here but there are also enough pictures of this aircraft that you can't just discount sightings as being something else which the observers misinterpreted.

There are even anti-gravity patents by US government researchers which might be applicable to the reality of the TR-3B.

Overall, the existence of this craft is a huge mystery which still needs exploration and solutions to what it really is.

This is what I'm trying to do in this book.



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We are what our thoughts have made us; so take care about what you think. Words are secondary. Thoughts live; they travel far. Swami Vivekananda

Book Focus- How Premonitions Really Work

I've already written a couple of books on prophecy and premonitions including my own experiences.

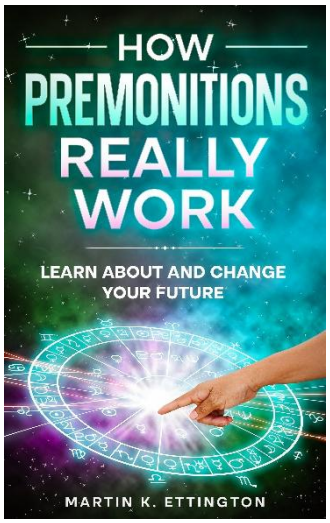
But as an engineer I felt that I really had not fully communicated what I've learned about these abilities and how we can apply this knowledge to our lives.

Thus the purpose of this book is to be as detailed as I can be about what premonitions are and how you can use them to improve your life and change your probable futures.

As an engineer and experiencer of many modes of premonitions and prophecies I feel I have a lot to offer here and want you the reader to benefit from what I've learned.

Historical prophecies are also covered as are the real source of premonitional abilities, techniques to see your own futures, how far ahead people can see the future, how to use these techniques with a group of people, and much more on the importance of prophecy in our world.

The ability to change the direction of your fate is also discussed.



Click on the Book Cover to Learn more and to order

A wise man is superior to any insults which can be put upon him, and the best reply to unseemly behavior is patience and moderation. Moliere

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Training Focus- Modifying Your Reality Training

There are a lot of books written on the topic of visualization. Mine is a little different.

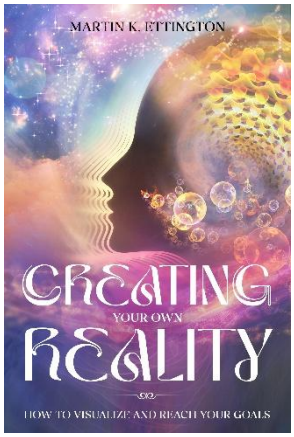
As an engineer and experiencer of many paranormal events I've got a different perspective enabled by my research and experience.

There are many subjects I've studied that indicate that the mind really can affect our reality.

In this book I will review why my research and experience says that visualization really works and some lessons on how to do it.

The Reality we live in is much more malleable than we think and so why not set our goals and purposes to get that reality to work the way we want it?

Techniques included in this book include various visualization techniques and building your own vision board



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CLICK HERE TO LEARN MORE ABOUT AFFILIATES AND HOW TO SIGNUP

The pessimist complains about the wind; the optimist expects it to change; the realist adjusts the sails. William Arthur Ward

Book Bundle Deal- A Compendium of Metaphysics and How to Guides

Learn about a Wide variety of Spiritual Subjects in One Volume

This Compendium/Anthology is a compilation of six of my paranormal/metaphysics books which allows you to read my approach to spirituality and related subjects in one volume.

This compilation combines the following six books together:

Enlightenment for Newbies-The subject of Enlightenment can be very confusing. The objective of this book is to introduce the concepts to readers and explain some of the processes to help seekers reach this Spiritual state. Also includes the Author's experiences with Enlightenment.

The 10 Principles of Personal Longevity-Learn how to master and control your own health. This book is the result of five years of research on longevity after my first book on physical immortality and longevity. It consists of the 10 principles of a Holistic Philosophy which will improve your long term health, have improved happiness, and extend your longevity. Personal Freedom is an outgrowth of this health philosophy too.

Removing Illusions to find true Happiness--What true happiness is. How we live in our illusions for most of our lives. Many examples of these illusions and how to find true happiness by removing our illusions about ourselves and reality.

Prophecy: A History and How to Guide—We all have the ability to see the future. Goes through history of prophecy, divination methods, and how each of us can learn to see the future. Includes many personal experiences and the author's insights into how he can see the future and change it too.

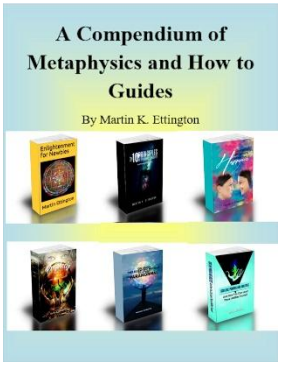
On Using the Scientific Method to Study the Paranormal-An analysis of the scientific method, flaws in the scientific examination of the paranormal, and how we can use science to study paranormal events. Includes the scale of believability and explanation and diagrams on the limits to science.

God Like Powers and Abilities-An encyclopedia of superhuman abilities including teleportation, invisibility, healing, psychokinesis and much more. Covers many strange abilities such as a woman who lived normally but didn't eat or drink for thirty years, and experiences of becoming invisible too. Also, how to learn these abilities for yourself.

<u>The Common Theme of these books</u>

When dealing with Metaphysics and the Paranormal, there are no degrees or certified experts. Each person writing on these subjects has developed their expertise through their experiences, personal research, and learning over many years. I've put my knowledge gained from life experience in the volumes bundled together in this Compendium.

The overall approach is to



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> Everything that irritates us about others can lead us to an understanding of ourselves. Carl Jung.

Spiritual Practice- Love From the Heart

This book is an exploration into what Love is, the types of Love, and Unconditional Love. What is Love really all about? How many types of Love are there?

And why do we spend so much time focusing on this quality in our lives?

This book goes into the history of Love, the types of Love as originally defined by the Greeks, and Unconditional Love.

Unconditional Love is a type of spiritual love for all persons and things.

We help the reader better understand what Unconditional Love is, and exercises to help bring it into your life.

To experience love in all its many forms is what makes life exciting.

Without Love in one's life--we can be dull, dreary, and feel like it's all not worth living.

If you are looking for more purpose to your life—then improving how love acts in your life will be worth it.

In this book you will also learn several different exercises focused on helping you experience Unconditional Love.

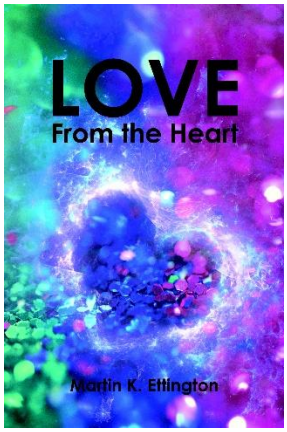
Having this experience is very powerful and will change your life--as I the Author can attest.

Everything that exists is both hunter and prey.

What is it that we hunt?
Humans hunt for love.
We feel that we need that love, because we believe we don't have love,
because we don't love ourselves.

We hunt for love in other humans just like us, expecting to get love from them when these humans are in the condition as we are.

We are hunting for love, when the love we need is inside ourselves.



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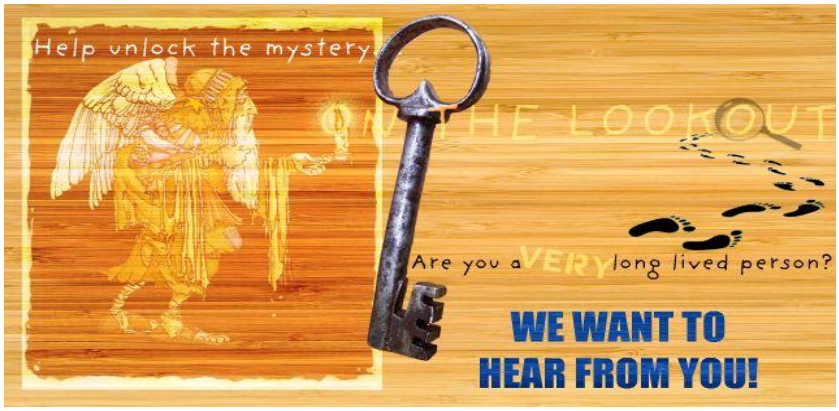
DO YOU OR SOMEONE YOU KNOW HAVE A STORY TO TELL?



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MK Ettington Books

Providing a variety of unusual books on these topics: The Paranormal, Longevity, Aliens/UFOs, Ancient History, and much more….

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About Our Organization…

MKEttingtonbooks.com consists of over 150 books written by me from my own experiences (mainly paranormal) and research.

My original content consists or books, training courses, and more. Formats include printed, Ebooks, Audiobooks, and more. The training courses are all online and multimedia.

As a retired Engineer, my goal is to provide an analytical analysis of many otherwise strange and unbelievable phenomena.

The more we learn the stranger our world and universe turns out to be. We think we know a lot—but we really know nothing about the Reality we live in.

--Marty Ettington

Help Unlock The Mystery! Send Us Your Story Online Today…

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