M. K. Ettington Books

The Out of the Box Newsletter
Learn about our Books, Online Training, Misc Wisdom, and Unusual Stories

June 2026

The Newsletter is for those not satisfied with the Dogma we are all taught to believe.

What is the real truth about our lives and the world we live in?

Over 12 Categories of Out of the Box Books:

(Click Below Image for our Website Homepage on over 150 books)

Coaching and Business Books	Paranormal Books	Spirituality Books	Ancient History Books
Alien and UFO Books	Longevity & Immortality Books	Living in Space Books	Survival Books
Sci Fi & Fiction Books	Legendary Beings Books	Strange and Science Books	Time and Dimensional Books
Health & Wellness Books	Self Improvement Books	Rare Occult Books	Political and Social Books
Metaphysics Books	Our Most Popular Books	Specials and Bundles	

Welcome to this newsletter which covers topics from our 150 Plus books about Aliens/UFOs, Longevity, the Paranormal, Strange Science, and much more…

Picture of the Month

[Types of UFOs]

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https://mkettingtonbooks.com

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Signup For and Download our Monthly Newsletter

Signup for Our Affiliate Program & Earn up to $499 per sale

Featured Story- Quantum Computing and Artificial Intelligence

Intelligence is the most powerful force ever to emerge in the universe.

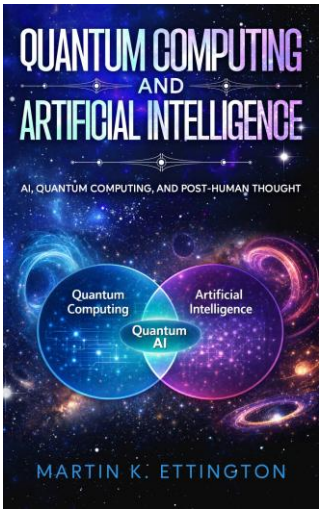
Today, intelligence is undergoing its most radical transformation since the emergence of the human mind.

Artificial intelligence has moved from theory into daily life. Algorithms now diagnose disease, generate art, predict markets, and converse with humans in natural language. Yet beneath these achievements lies a deeper truth: most contemporary AI remains constrained by the limits of classical computation. It excels at pattern recognition but struggles with genuine understanding, intuition, and creativity. It scales, but it does not truly think.

At the same time, a second revolution is quietly unfolding—one that challenges our deepest assumptions about computation itself. Quantum computing does not merely make calculations faster; it operates on principles fundamentally different from classical logic. Superposition, entanglement, and probabilistic collapse allow quantum systems to explore vast landscapes of possibilities simultaneously. These machines do not step through solutions one at a time—they sample reality in a way that resembles intuition more than calculation.

When artificial intelligence and quantum computing converge, intelligence itself changes form.

This book explores that convergence—and the consequences that follow.



Click on the image above to learn more

Health & Wellness- Diets and Lifestyles of the World's Oldest Peoples & 32 Longevity Recipes

Four of the Longest Lived Communities in the world are:

• Okinawa, Japan

• The Republic of Abkhazia next to So. Russia

• Vilcabamba, Ecuador

• Hunza People of northern Pakistan

Each of these communities were chosen because they are large enough in population and have a long history of long lived persons to represent unique lifestyles and dietary habits.

We researched each of these communities in detail and found some amazing commonalities !

Even though each community is a lot different--there are many lifestyle focuses and dietary standards that they all do.

Here is one example:

It turns out that three of the four communities are in the mountains, and guess what?

They each have wonderful mountain purified water with many special minerals in it.

We provide an analysis of one of those water sources of health and vitality in the book.

There is much more information on each community's lifestyle and diet as well as detailed comparison matrixes for lifestyles and diets.

We answer questions such as:

What type of food does each community eat?

How are these diets all in common?

What are the common lifestyle factors?

How do these people live everyday?

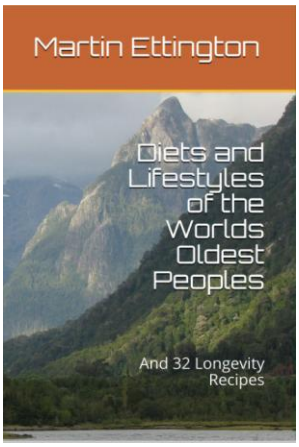
What are common recipes?

What are specific vegetables, fruits, nuts, and more that they each eat?

What overall lessons can we draw from our comparisons?

How can you apply these lessons to yourself?

Learn all about the Diets and Lifestyles of the worlds longest lived people today ! ---and get 32 Great Longevity Recipes !



Click on the Book Cover to Learn more and to order

"Never laugh at live dragons."
– **J.R.R. Tolkien**

Click These Three Book Categories To See More Books on Health and Wellness:

HEALTH & WELLNESS

LONGEVITY & IMMORTALITY

SPIRITUALITY

SELF IMPROVEMENT

BOOK FOCUS

Software Focus- Admin Menu Cleaner

Admin Menu Cleaner for Clients

Clean up WordPress admin screens for clients, editors, authors, and team members — without locking yourself out.

WordPress is powerful, but the admin area can quickly become overwhelming. Clients log in and see too many menus. Editors see tools they do not need. Authors get distracted by settings they should not touch.

Admin Menu Cleaner for Clients helps you simplify the WordPress admin menu by role, so each user sees only the menu items they actually need.

Why WordPress Admin Menus Need Cleaning

Most WordPress sites are not managed by one person forever. Soon, other users need to log in: clients, editors, authors, contributors, store staff, assistants, or team members.

The problem is that WordPress often shows too much. Even when users do not have permission to perform certain actions, the admin area can still feel crowded, confusing, or intimidating.

Clients may wonder what menu items are safe to use.

Editors may see technical menus they do not need.

Authors may get distracted by settings and tools.

Agencies may spend time explaining what not to click.

Admin Menu Cleaner helps remove that clutter.

Click on the Logo to Learn more and to order

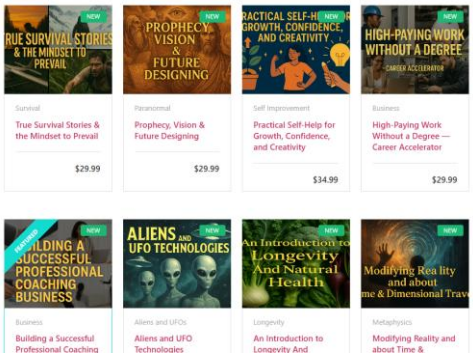
"Think before you speak. Read before you think."
— **Fran Lebowitz, The Fran Lebowitz Reader**

Training Focus- Training Courses, Bundles, and Subscriptions

Our website now has comprehensive sections on training courses, mega bundles and subscriptions to courses based on our books These sections are called **UNIVERSES**

Mega Bundles Available:

CLICK ON THE UNIVERSE IMAGE ABOVE TO LEARN MORE



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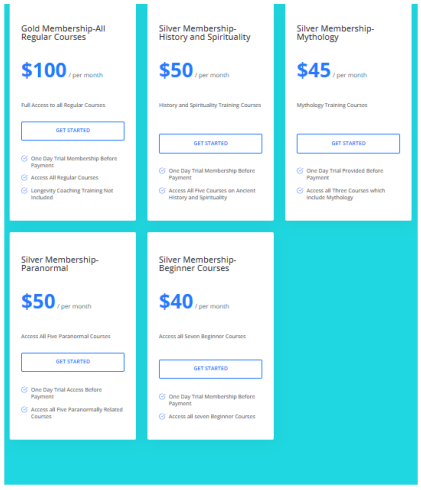


CLICK ON THE SUBSCRIPTIONS IMAGE ABOVE TO LEARN MORE

[Download the Online Training Catalog]

"The simple things are also the most extraordinary things, and only the wise can see them."
— **Paulo Coelho, The Alchemist**

Training Courses- Thunderbirds and Dragons: Elemental Sky Gods Across Cultures

Thunderbirds & Dragons: Sky Gods, Elemental Beings, and the Global Myth of Flying Titans

A comparative investigation into legendary flying creatures, ancient testimony, and modern sightings

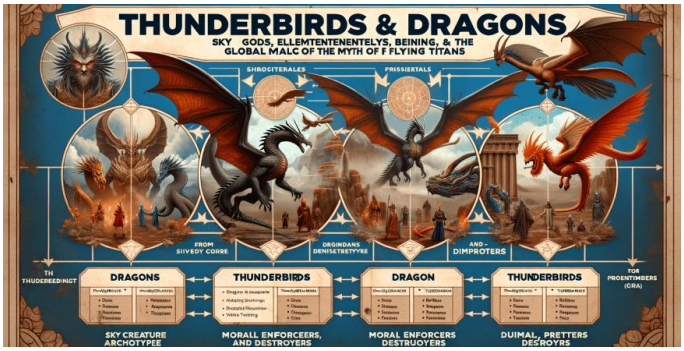
Positioning

Bridges cryptozoology, mythology, ancient history, and modern sightings
Cross-links Native American, Asian, European, and global traditions
Naturally upsells both source books
Fits Paranormal, Ancient History, and Strange Creatures audiences

Overview

Explore why cultures worldwide envision colossal sky beings that command storms, fire, rain, and judgment. Compare Thunderbirds and Dragons across myth, art, oral testimony, and modern reports, synthesizing naturalistic, cultural, and anomalous interpretations. Each week blends core concepts, case studies, and practical analysis tools.

This course includes two downloadable Ebooks worth $20 USD



Click on the Logo to Learn more and to order

"Yesterday I was clever, so I wanted to change the world. Today I am wise, so I am changing myself."
– **Rumi**

Universes- The Longevity and Immortality Universe

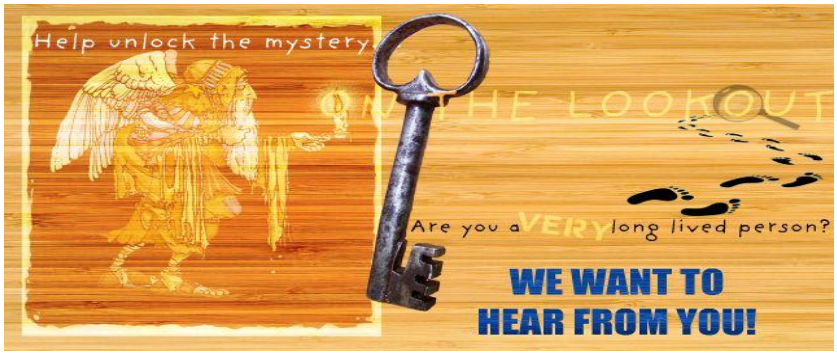
This Universe includes a variety of books on the topic as well as a comprehensive training program for Longevity Coaching.

Other longevity courses are available too

Longevity & Immortality Universe Highlights

Discover the Path to Longevity and Immortality

The most comprehensive offering of longevity books, training, videos, and bundles in the world



DO YOU OR SOMEONE YOU KNOW HAVE A STORY TO TELL?

Email: mke@mkettingtonbooks.com

The Out of the Box Newsletter

MK Ettington Books

Providing a variety of unusual books on these topics: The Paranormal, Longevity, Aliens/UFOs, Ancient History, and much more….

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About My Organization…

MKEttingtonbooks.com consists of over 150 books written by me from my own experiences (mainly paranormal) and research.

My original content consists or books, training courses, and more. Formats include printed, Ebooks, Audiobooks, and more. The training courses are all online and multimedia.

As a retired Engineer, my goal is to provide an analytical analysis of many otherwise strange and unbelievable phenomena.

The more we learn, the stranger our world and universe turns out to be. We think we know a lot—but we really know nothing about the Reality we live in.

--Marty Ettington

Help Unlock The Mystery! Send Us Your Story Online Today…

Email: mke@mkettingtonbooks.com

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