M. K. Ettington Books

The Out of the Box Newsletter
Learn about our Books, Online Training, Misc Wisdom, and Unusual Stories

January 2026

The Newsletter is for those not satisfied with the Dogma we are all taught to believe.

What is the real truth about our lives and the world we live in?

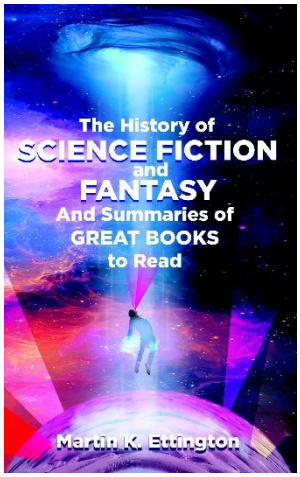
Over 12 Categories of Out of the Box Books:

(Click Below Image for our Website Homepage on over 150 books)

Coaching and Business Books	Paranormal Books	Spirituality Books	Ancient History Books
Alien and UFO Books	Longevity & Immortality Books	Living in Space Books	Survival Books
Sci Fi & Fiction Books	Legendary Beings Books	Strange and Science Books	Time and Dimensional Books
Health & Wellness Books	Self Improvement Books	Rare Occult Books	Political and Social Books
Metaphysics Books	Our Most Popular Books	Specials and Bundles	

Welcome to this newsletter which covers topics from our 150 Plus books about Aliens/UFOs, Longevity, the Paranormal, Strange Science, and much more…

Picture of the Month



[The History of Science Fiction and Fantasy and Summaries of Great Books to Read]

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https://mkettingtonbooks.com

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Book Bundle Deal of the Month
The Antidiluvian History of Earth
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Spiritual Practices
Pure Spirituality and God
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Our Website PDF 25% Standard Discount
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Signup For and Download our Monthly Newsletter

Signup for Our Affiliate Program & Earn up to $499 per sale

Featured Story- Bridging Spirit and Science

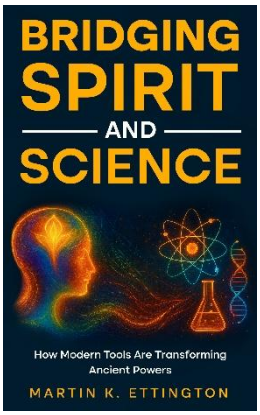
I have lived my life in the middle of this divide. Trained as an engineer and scientist, I was taught to trust logic, mathematics, and experimental proof.

Yet my personal experiences — from moments of prophecy to direct awareness of subtle energies — convinced me that there is more to reality than conventional science admits.

For years I tried to keep the two worlds separate: the rational and the mystical. But over time, the boundary dissolved. I realized that both perspectives describe the same universe from different vantage points.

My work, and this book in particular, is about restoring the unity that once existed between them.

The purpose of this book is not to replace science with mysticism, nor to reduce spiritual experience to chemistry or neurology. Rather, it aims to show that consciousness, energy, and matter are aspects of a single integrated system.



Click on the book cover above to learn more

> "The saddest aspect of life right now is that science gathers knowledge faster than society gathers wisdom."
> — **Isaac Asimov**

Health & Wellness-Physical Immortality: A History and Practical How to Guide

I had an experience at age four where I met a man at a glider field and for some reason I said to him “Are you the man who never dies?”. He didn’t laugh at me but gave me a very strange look. I’ve since learned that an immortal 500-1000 years old supposedly lives in that area.

When I started reading books about highly developed adepts many years ago, the books also mentioned spiritually advanced immortals who lived many lifetimes.

This was a fascinating idea to me and fueled my interest in the subject since then.

Over many years I’ve read books and websites on immortality, learned many spiritual and energy practices, and I finally came to a theory of immortality which has been validated by much of what I’ve learned.

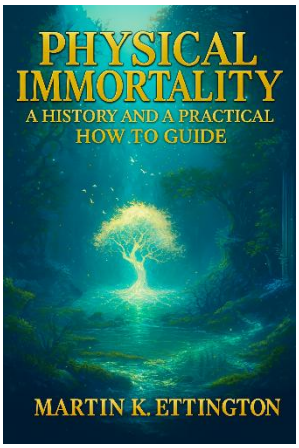
This book goes into the history of Immortality, shows many examples of very long lived persons, then presents the theory and practices of how one can extend their life indefinitely.

Some of these Chapters provide Spiritual Practices, exercises, and supplements to help you live forever.

Advice is also given on attitudes and abilities to avoid accidents to help you in your quest for immortality.

A Quote from a satisfied reader:

I am reading your books, they are very good—Leonard Orr—-(World famous immortalist, lecturer, and writer—He has been teaching about immortality, rebirthing, and removing the death urge for over forty years.)



Click on the Book Cover to Learn more and to order

“Never laugh at live dragons.”
– **J.R.R. Tolkien**

Click These Three Book Categories To See More Books on Health and Wellness:

HEALTH & WELLNESS

LONGEVITY & IMMORTALITY

SPIRITUALITY

SELF IMPROVEMENT

BOOK FOCUS

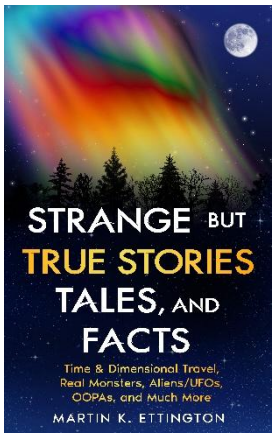
Book Focus- Strange but True Stories, Tales, and Facts

I have researched and written over 150 books on strange and mysterious phenomena. Some of these books are based on my own experiences and most topics are based on my research. My fascination with strange things has become a major passion in my life.

This book includes over sixty true stories on many different subjects to provide a lot of food for thought on these topics.
These stories cover Bigfoot, Aliens & UFOs, Time and Dimensional travel stories, survival stories, ancient civilizations, Out Of Place Artifacts, Dragons, Giant Snakes, the Paranormal, Longevity, Outer Space, Spiritual Experiences, Impossible Ruins, and much more.

Graduated from Engineering School and also had many paranormal experiences from learning meditation and other practices. My goal is to write about weird topics from an analytical perspective.

When you finish this volume maybe you will see my point of view which is that as much as we think we know about this world and the Universe, there are still many mysteries and strange things out there.

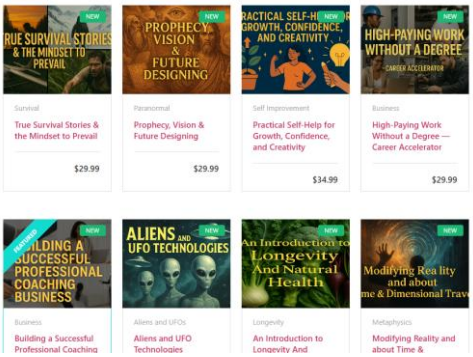


Click on the Book Cover to Learn more and to order

"Think before you speak. Read before you think."
– **Fran Lebowitz, The Fran Lebowitz Reader**

Training Focus- Training Courses, Bundles, and Subscriptions

Our website now has comprehensive sections on training courses, mega bundles and subscriptions to courses based on our books



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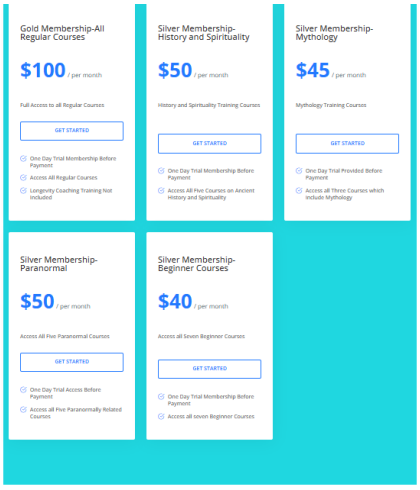
[Download the Online Training Catalog]

CLICK ON THE MEGA BUNDLES IMAGE ABOVE TO LEARN MORE



CLICK ON THE SUBSCRIPTIONS IMAGE ABOVE TO LEARN MORE

"The simple things are also the most extraordinary things, and only the wise can see them."
— **Paulo Coelho, The Alchemist**

Book Bundle Deal- The Antidiluvian History of Earth

This compilation of books all have an interrelated theme which is that the history of the Earth involves ancient megalithic structures, artificial objects millions of years old, and Giants who have existed back to before land animals had evolved.

The first book is titled Ancient and Prehistoric Civilizations. In this book there are many ancient megalithic ruins of civilizations which push the frontier of our understanding of the origins of civilization by many thousands of years. Ancient Giants may also have been involved in these constructions from the proximity of their remains associated with these sites.

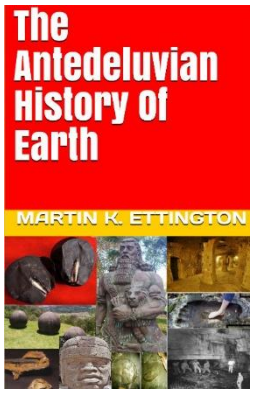
The second book is titled Ancient and Prehistoric Civilizations-Book Two. In this book I researched and found additional megalithic ruins which also increase the mystery of who built them since many of these ruins must have been built way before the accepted start of human civilization.

The next book is titled "The Real Atlantis-In the Eye of the Sahara" and is a strong case for this location in west Africa to be the site of the legendary Atlantis.

Book four is titled Strange Objects Which Should Not Exist I did a review of artificial objects found with ages going back hundreds of millions of years. These findings also include anomalous imprints of Giants in rocks which are 100 to 200 million years old.

Book five is titled "The History of Antediluvian Giants" and it covers the existence of giants not only in historical times but millions of years ago—as far back as 300 million years ago.

Book six is titled Aliens are Already Among Us. In this book I examined how long Aliens have been on this planet and how they have influenced us. My conclusion is that they have been here at least for many thousands of years and possibly much longer.



Click on the book cover above to learn more

"Yesterday I was clever, so I wanted to change the world. Today I am wise, so I am changing myself."
– **Rumi**

Spiritual Practice- **Pure Spirituality and God**

I've had a life-long obsession with the truth in all areas-especially about God. This has led me on many wonderful adventures.

It has also taught me that most of humanity has the same quest to answer the big questions such as "Why are we here?" and "Is there a God".

But I've also found that although religions which people created to search for these truths are very important they also have so much dogma that they make it confusing for true seekers.

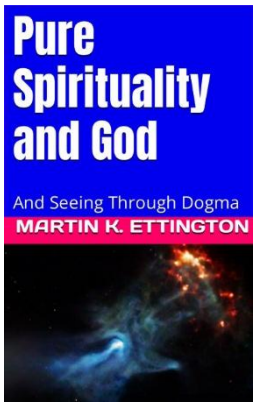
This also creates confusion among those comparing different religions as to which one is the "true one" since the dogma and outer teachings of each religion can seem contradictory.

But there is a deeper common truth in all of these belief systems. So the objective of this book is to show the reader how true spirituality which is devoid of religious practices is the straightest and most pure path to achieving our fulfillment as human beings in a relationship with God.

I support all real religions (which are not cults) as being vehicles to start people on their searches for God.

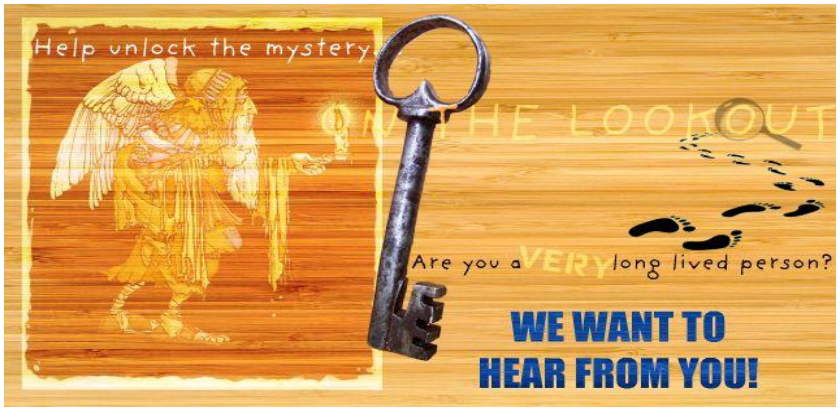
But I also want to help readers to understand the larger picture and how they can learn it for themselves.

This book also reviews a lot of my experiences so you can see how I reached the path that I'm on.



Click on the book cover above to learn more

DO YOU OR SOMEONE YOU KNOW HAVE A STORY TO TELL?



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The Out of the Box Newsletter

MK Ettington Books

Providing a variety of unusual books on these topics: The Paranormal, Longevity, Aliens/UFOs, Ancient History, and much more….

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About My Organization…

MKEttingtonbooks.com consists of over 150 books written by me from my own experiences (mainly paranormal) and research.

My original content consists or books, training courses, and more. Formats include printed, Ebooks, Audiobooks, and more. The training courses are all online and multimedia.

As a retired Engineer, my goal is to provide an analytical analysis of many otherwise strange and unbelievable phenomena.

The more we learn, the stranger our world and universe turns out to be. We think we know a lot—but we really know nothing about the Reality we live in.

--Marty Ettington

Help Unlock The Mystery! Send Us Your Story Online Today…

Email: mke@mkettingtonbooks.com

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