M. K. Ettington Books

The Out of the Box Newsletter
Learn about our Books, Online Training, Misc Wisdom, and Unusual Stories

January

2025

Welcome to this newsletter which covers topics from our 150 Plus books about Aliens/UFOs, Longevity, the Paranormal, Strange Science, and much more…

https://mkettingtonbooks.com

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Signup for FREE Longevity Video Ecourse

Picture of the Month

Classic Painting of a Spaceship Sending an Energy Beam to Earth

"Four Evidences for Aliens and UFOs in Earth's History"

Featured Story-Meeting a Living Immortal

This all started ten years ago when I wrote my book "Physical Immortality: A History and How to Guide" based on my research into very long lived persons and my theories on how one can extend their longevity to 150 years or more.

Part of my marketing effort was to setup different webpages where I had articles about my book with links to my website for sales. One of these sites also included a discussion bulletin board where anyone could post comments.

For over a year there were typical comments both pro and con about my book.

Then the comments started to change, and a variety of persons started posting who said that they were living immortals and made statements to me about their knowledge and what immortality is really all about.

Stealth says he is over 2800 years old and this is a little bit of what he wrote:

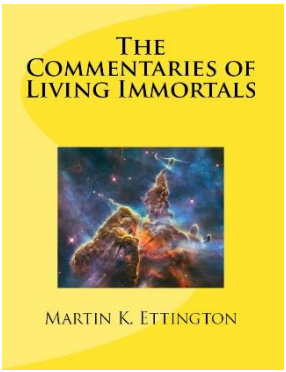
Hi. Marty, my small childhood was a good one peace full happy, my mother/father were simple farmers and my father was also a deer/sheep hunter/hearder, that was very long ago i was born in today its named Elgin in Scotland I did say born 2823bc but if you add the dates its 812bc.

i used to live in a small house with a wooden/hay bed with brick firecplace/walls, and small kitchen area, They died young, my age being 17 they got sick/ill/hunger they were 45 years old. near the end of neolithic start of the bronze age britany. Back then the viking era. Then shortly after i was still a young Immortal aged 20 then moved to irland then new/fird deity named Lugh/Lugus till aged 160.

What Stealth says about the other immortals he has met:

"I have met over 170 other immortals dating from 20,000 years old to 110 years old, from around Earth. Gods are in another league. I have met 15 Gods/Godesses …. most are norce/celtic Gods."

"There is at least 2000 of us out of your 7billion humans doing the exact same as me ie jobs/names some still hide in mountans and forests."



Click on the book cover above to learn more

Book Focus-The Importance of Genius

Genius is a fascinating subject which I've thought a lot about over my life.

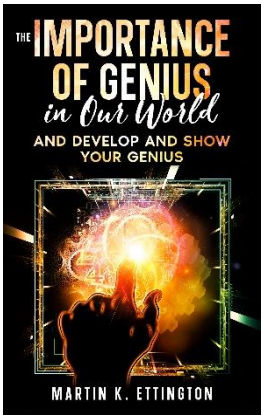
There are many books on the subject and they are all different with various viewpoints on what Genius is, who are geniuses, and why Genius is important. No two definitions of Genius are the same.

In this book I attempt to cover the history of Genius, why it is important, famous Geniuses in history, and how you can develop a genius consciousness yourself.

Possibly the earliest Genius of humanity was the person who first learned how to use fire which has been an important part of our ancestors and humanity's survival for over one million years.

Many geniuses over history contributed to the development of human technology, science, art, war, and much more.

I've listed many well-known geniuses in this book but most are male. The problem is that during most of history females were not taken seriously or even allowed to be leaders in the major professions-otherwise more would listed as geniuses too.



Click on the Book Cover to Learn more and to order

"Life is not a problem to be solved, but a reality to be experienced." Soren Kierkegaard

Signup for FREE Longevity Video Ecourse

Training Focus-Longevity Training

Hello, I'm Marty Ettington.

Through years of research and personal exploration, I've discovered numerous ways to live healthier and extend your life for decades. I've compiled this invaluable knowledge into comprehensive books and a full course guide,

designed to help you unlock the secrets of longevity and embrace a vibrant, extended life. Join me on this journey to uncover the fascinating methods of achieving a long, healthy life.

What is your Longevity Goal? How to Get there?

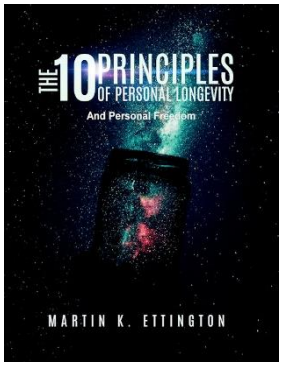
To live a healthier lifestyle and have the energy to be more active in life. Enjoy life more.

Learn the Longevity Lifestyle which improves your health long term and allows you to participate in life more fully.

As a professional offer longevity services for your clients to build value and revenue. Something new they can use

The Personal Longevity training program was designed for professionals who want to offer more to their clients on the subject of longevity

Learn and do specific things that will improve long-term health & longevity Spiritual, Psychological, and Physical focus you learn. This includes the same diets long-lived cultures prepare and eat.



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CLICK HERE TO LEARN MORE ABOUT AFFILIATES AND HOW TO SIGNUP

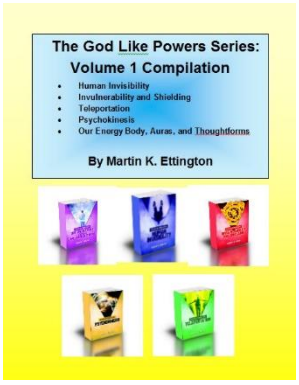
"Life is really simple, but we insist on making it complicated." Confucius

Book Bundle Deal- The God Like Powers Series Volume One Bundle

When dealing with Metaphysics and the Paranormal, there are no degrees or certified experts. Each person writing on these subjects has developed their expertise through their experiences, personal research, and learning over many years.
This compilation combines the first five books of my God Like Powers Series into one Bundle

- Human Invisibility
- Invulnerability and Shielding
- Teleportation
- Psychokinesis
- Our Energy Body, Auras, and Thoughtforms

The overall approach is to introduce each subject, provide some background and history, and then to provide specific ideas, recommendations, and advice on how to achieve the theme of the book.
This compilation is designed to show my overall beliefs and recommendations on several subjects.
One of these core beliefs is that we all have a core of the universal spirit inside each of us. That by learning to be centered in this spirit we improve our happiness, health, and ability to do things which might be considered supernatural or impossible.
I hope this compilation provides each reader with some insights which will help improve their lives overall.



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"Only a life lived for others is a life worthwhile." Albert Einstein

Spiritual Practice- Creating Your Own Reality

There are a lot of books written on the topic of visualization. Mine is a little different.

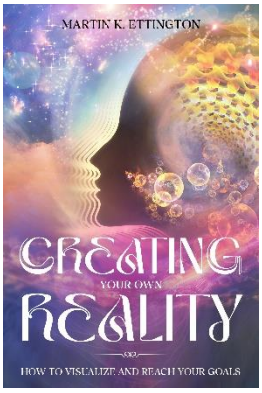
As an engineer and experiencer of many paranormal events I've got a different perspective enabled by my research and experience.

There are many subjects I've studied that indicate that the mind really can affect our reality.

In this book I will review why my research and experience says that visualization really works and some lessons on how to do it.

The Reality we live in is much more malleable than we think and so why not set our goals and purposes to get that reality to work the way we want it?

Techniques included in this book include various visualization techniques and building your own vision board.



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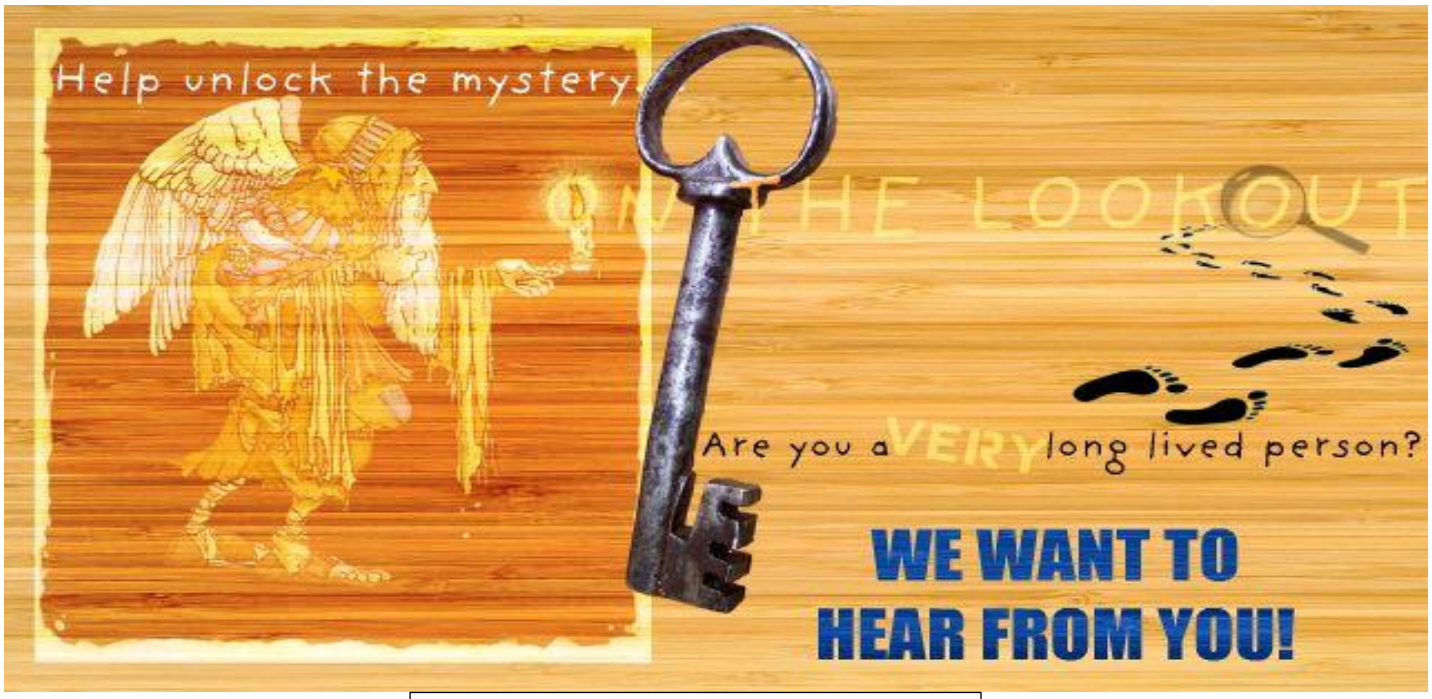
DO YOU OR SOMEONE YOU KNOW HAVE A STORY TO TELL?



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MK Ettington Books

Providing a variety of unusual books on these topics: The Paranormal, Longevity, Aliens/UFOs, Ancient History, and much more….

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MKE Book TRAINING HOME
Full Online Training Courses on different subjects

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Contact Us!
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About Our Organization…

MKEttingtonbooks.com consists of over 150 books written by me from my own experiences (mainly paranormal) and research.

My original content consists or books, training courses, and more. Formats include printed, Ebooks, Audiobooks, and more. The training courses are all online and multimedia.

As a retired Engineer, my goal is to provide an analytical analysis of many otherwise strange and unbelievable phenomena.

The more we learn the stranger our world and universe turns out to be. We think we know a lot—but we really know nothing about the Reality we live in.

--Marty Ettington

Help Unlock The Mystery! Send Us Your Story Online Today…

Signup for the "Out of the Box" Newsletter