M. K. Ettington Books

The Out of the Box Newsletter
Learn about our Books, Online Training, Misc Wisdom, and Unusual Stories

April 2026

The Newsletter is for those not satisfied with the Dogma we are all taught to believe.

What is the real truth about our lives and the world we live in?

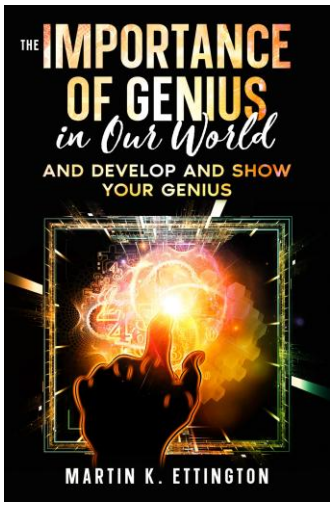
Over 12 Categories of Out of the Box Books:

(Click Below Image for our Website Homepage on over 150 books)

Coaching and Business Books	Paranormal Books	Spirituality Books	Ancient History Books
Alien and UFO Books	Longevity & Immortality Books	Living in Space Books	Survival Books
Sci Fi & Fiction Books	Legendary Beings Books	Strange and Science Books	Time and Dimensional Books
Health & Wellness Books	Self Improvement Books	Rare Occult Books	Political and Social Books
Metaphysics Books	Our Most Popular Books	Specials and Bundles	

Welcome to this newsletter which covers topics from our 150 Plus books about Aliens/UFOs, Longevity, the Paranormal, Strange Science, and much more…

Picture of the Month



[The Importance of Genius In Our World]

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https://mkettingtonbooks.com

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Signup For and Download our Monthly Newsletter

Signup for Our Affiliate Program & Earn up to $499 per sale

Featured Story- We Live in a Malleable Reality-and We Can Change It

I've had many paranormal experiences in my life and some pretty cool spiritual enlightenment experiences too. This has given me a good understanding of the spiritual development process and the development of paranormal abilities as a side effect.

I'm also and Engineer with a lot of Physics mixed in to my education so I have a pretty good understanding of the conventional views of engineering and science as taught in our universities.

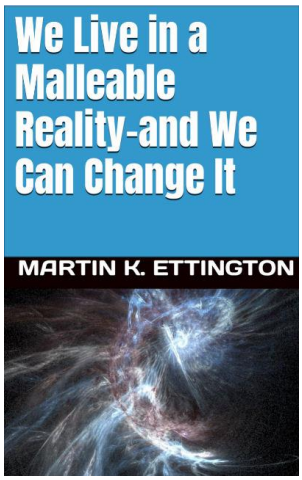
My fascination with the unusual and unknown also led me to write about off the wall subjects like the paranormal, time travel, and moving between dimensions. The research I did convinced me that these strange and weird phenomena do exist and are not fantasies.

All of these factors have led me to this book which has the goal of better understanding the Universe we live in, and how we can change the reality we live in through our willpower and beliefs.

My numerous experiences and research have led me to conclude that although we may think we live in a stable Universe—that is a big misunderstanding. The more I learn the more convinced I am that the Universe is much more complicated than we ever thought.

In this book I want to show you the reader that the stable reality we take for granted does not exist and we can manipulate many more things than we ever thought possible.

The more I learn, the more I realize that our Universe is a much more mysterious place than we ever thought.



Click on the book cover above to learn more

"The saddest aspect of life right now is that science gathers knowledge faster than society gathers wisdom."
— **Isaac Asimov**

Health & Wellness- Non Traditional Healing Practices Around the World

he history of medicine and health therapies was based on many traditional practices which evolved over thousands of years.

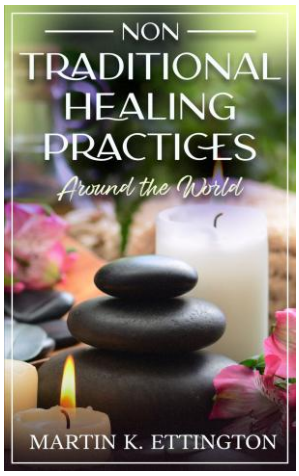
Some of these practices were a waste of time, but many produced actual results of better health for the patients of these traditional healing practices.

This book is divided into five sections:

Part I: Ancient Wisdom for Modern Times
Part II: Energetic and Spiritual Pathways to Health
Part III: Mind-Body Connection and Healing
Part IV: Earth-Based and Natural Therapies
Part V: Integrating the Old and the New

After reading this book I hope the reader will realize that there are many types of healing therapies besides the ones currently accepted by western medical professionals.

Hopefully some of these therapies will help you.



Click on the Book Cover to Learn more and to order

"Never laugh at live dragons."
– **J.R.R. Tolkien**

Click These Three Book Categories To See More Books on Health and Wellness:

HEALTH & WELLNESS

LONGEVITY & IMMORTALITY

SPIRITUALITY

SELF IMPROVEMENT

BOOK FOCUS

Book Focus- Creating Your Own Reality

There are a lot of books written on the topic of visualization. Mine is a little different.

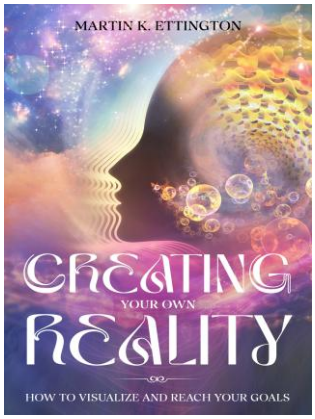
As an engineer and experiencer of many paranormal events I've got a different perspective enabled by my research and experience.

There are many subjects I've studied that indicate that the mind really can affect our reality.

In this book I will review why my research and experience says that visualization really works and some lessons on how to do it.

The Reality we live in is much more malleable than we think and so why not set our goals and purposes to get that reality to work the way we want it?

Techniques included in this book include various visualization techniques and building your own vision board.



Click on the Book Cover to Learn more and to order

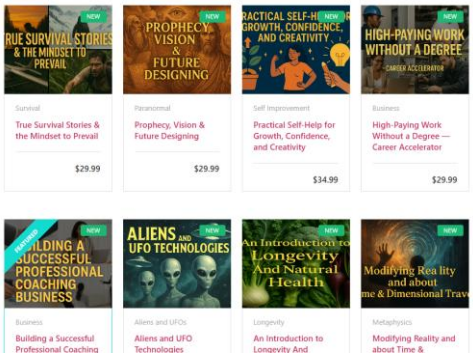
"Think before you speak. Read before you think."
– **Fran Lebowitz, The Fran Lebowitz Reader**

Training Focus- Training Courses, Bundles, and Subscriptions

Our website now has comprehensive sections on training courses, mega bundles and subscriptions to courses based on our books These sections are called **UNIVERSES**

Mega Bundles Available:

CLICK ON THE UNIVERSE IMAGE ABOVE TO LEARN MORE



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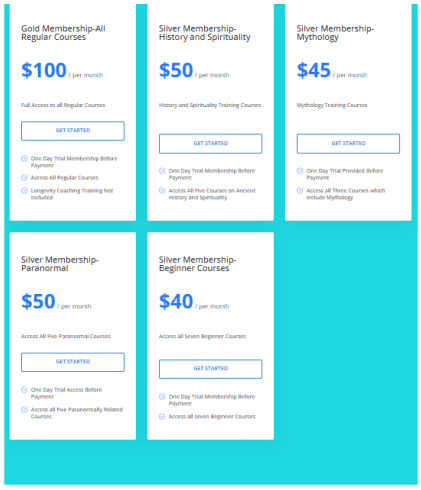


CLICK ON THE SUBSCRIPTIONS IMAGE ABOVE TO LEARN MORE

Download the Online Training Catalog

"The simple things are also the most extraordinary things, and only the wise can see them."
— **Paulo Coelho, The Alchemist**

Training Courses-The Engineering of Happiness: Truth, Confidence, Meaning, and Enlightened Living

A Rational, Spiritual, and Practical System for Lasting Happiness

Most happiness programs fail for one simple reason:
They try to **add techniques** to a life built on false assumptions.
This course takes a very different approach.

The Engineering of Happiness treats happiness the way an engineer would treat any complex system: by identifying faulty inputs, removing distortions, strengthening core structures, and aligning the system with reality.

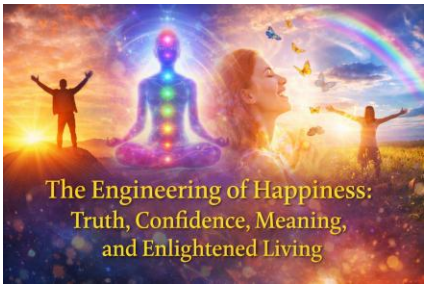
Happiness is not something you chase.
It is something that *emerges naturally* when your thinking, confidence, purpose, and awareness are aligned with truth.
This course gives you the framework to do exactly that.

What Makes This Course Different
This is **not**:
"Think positive and everything will work out"
Motivation without substance
Spiritual bypassing
Emotional hype

This course is: Clear, logical, and structured Grounded in psychology, philosophy, and lived experience

Deeply practical without being superficial
Designed for thinkers, seekers, engineers, professionals, and analytical minds

You will learn **why people are unhappy**, **what actually creates happiness**, and **how to build it step by step**—without denying reality or ignoring reason.



"Yesterday I was clever, so I wanted to change the world. Today I am wise, so I am changing myself."
– **Rumi**

Click on the Universe Header above to learn more

Audio Tracks- A Narrative of Strange Tales from National Parks

Step beyond the marked trails…
and into the stories that were never meant for brochures.
Strange Tales from National Parks is a gripping, atmospheric audio experience based on real accounts from park rangers, search-and-rescue personnel, and eyewitnesses who have spent years deep inside the most remote wilderness areas on Earth.
This is **not fiction**.
These are the stories that circulate quietly among those who know the land best.
Across five immersive audio parts (over 20 minutes total), you'll hear carefully narrated accounts of:

- People who vanish without a trace—sometimes in seconds, in plain sight
- Search operations where evidence appears, disappears, or makes no sense
- Encounters with massive upright beings watching silently from the trees
- Hidden camps, off-trail human presences, and unsettling ranger encounters
- Geographic zones where strange events repeat again and again
- Wilderness areas where sound, distance, and time behave abnormally

The narration is calm, deliberate, and documentary-style—designed to draw you in slowly, allowing the tension and mystery to build naturally. There is no sensationalism, no exaggeration—just the quiet unease that comes from hearing consistent patterns emerge from independent witnesses across decades.
This audio is ideal for:

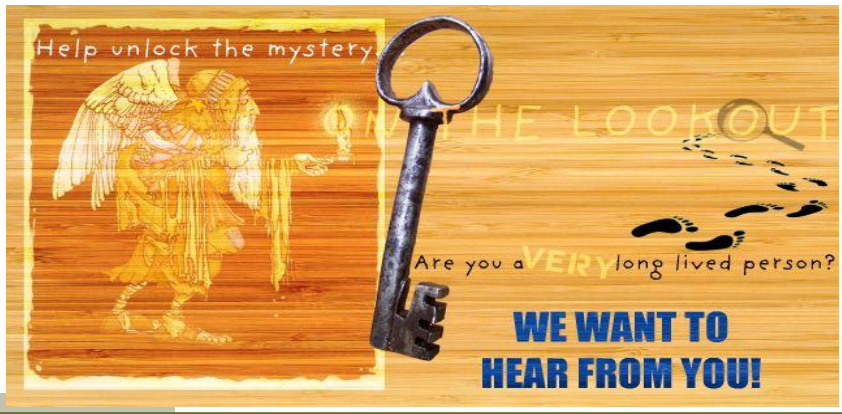
- Listeners fascinated by unexplained mysteries and true wilderness accounts
- Fans of Missing Persons cases, ranger stories, and off-grid phenomena
- Late-night listening, road trips, or immersive headphone experiences
- Anyone who suspects the wilderness holds more than we currently understand

You will not be told what to believe.
Instead, you will be presented with patterns—and left to decide what they mean.
Once you hear these stories, you may never look at national parks the same way again.

Because some places don't just hide secrets…
they keep them.

Click on the audio cover above to learn more

DO YOU OR SOMEONE YOU KNOW HAVE A STORY TO TELL?



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MK Ettington Books

Providing a variety of unusual books on these topics: The Paranormal, Longevity, Aliens/UFOs, Ancient History, and much more….

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About My Organization…

MKEttingtonbooks.com consists of over 150 books written by me from my own experiences (mainly paranormal) and research.

My original content consists or books, training courses, and more. Formats include printed, Ebooks, Audiobooks, and more. The training courses are all online and multimedia.

As a retired Engineer, my goal is to provide an analytical analysis of many otherwise strange and unbelievable phenomena.

The more we learn, the stranger our world and universe turns out to be. We think we know a lot—but we really know nothing about the Reality we live in.

--Marty Ettington

Help Unlock The Mystery! Send Us Your Story Online Today…

Email: mke@mkettingtonbooks.com

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