The History of the Search for Immortality:

The search for immortality encompasses numerous civilizations over thousands of years. A short list of significant searches includes:

- The Epic of Gilgamesh
- Egyptian Myths
- Greek Myths
- Christianity
- Norse Myths
- Middle Ages Alchemy
- Elixir's of Life
- The Fountain of Youth
The History of the Search for Immortality:

The Epic of Gilgamesh

One of the oldest stories is from ancient Mesopotamia and is called the Epic of Gilgamesh. Gilgamesh sets out to avoid Enkidu's fate and makes a perilous journey to find immortality on his visit Utnapishtim and his wife, the only humans to have survived the Great Flood who were granted immortality by the gods, in the hope that he too can attain immortality.....
The History of the Search for Immortality:

Christianity

- Christianity’s core beliefs have a lot to do with Immortality. The focus is mainly the immortality of the “Soul” or “Spirit” and how to live in the Spirit.
- Many Christians believe that one has to accept Jesus as their personal Savior to bring the eternal Spirit into them. Other Christian groups say that we all have an immortal Spirit from birth and we just need to become aware of and live in that Spirit.
- The core event of Christianity is the crucifixion and resurrection of Jesus after three days which we celebrate with the Easter Holiday.
- Jesus also appeared to multiple persons after his resurrection to prove that he did come back from the dead. (Ascension)
The History of the Search for Immortality:

Middle Ages Alchemy

In the Middle ages, the lives of many Alchemists were devoted to the search for Philosopher’s Stone. Many people don’t know that the famous Isaac Newton was also an Alchemist who searched for the same thing.

The philosopher's stone (Latin: *lapis philosophorum*; Greek:) is a legendary substance, supposedly capable of turning inexpensive metals into gold; it was also sometimes believed to be an elixir of life, useful for rejuvenation and possibly for achieving immortality.

According to legend, the 13th-century scientist and philosopher Albertus Magnus is said to have discovered the philosopher's stone and passed it to his pupil Thomas Aquinas, shortly before his death circa 1280. Magnus does not confirm he discovered the stone in his writings, but he did record that he witnessed the creation of gold by "transmutation".
The History of the Search for Immortality:

Elixer’s of Life:
- In Ancient China, various emperors sought for the fabled elixir with various results.
- The ancient Chinese believed that ingesting long-lasting precious substances such as jade, cinnabar or hematite would confer some of that longevity on the person who consumed them.
- The most famous Chinese alchemical book, the Tan Chin Yao Ch’eh ("Great Secrets of Alchemy," dating from approximately 650 AD), discusses in detail the creation of elixirs for immortality (mercury, sulfur, and the salts of mercury and arsenic are prominent) as well as those for curing certain diseases and the fabrication of precious stones.
The History of the Search for Immortality:

The Fountain of Youth

Juan Ponce de León heard of the fountain from the people of Puerto Rico when he conquered the island. Growing dissatisfied with his material wealth, he launched an expedition to locate it, and in the process discovered Florida. Though he was one of the first Europeans to set foot on the American mainland, he never found the Fountain of Youth.

A similar account appears in Francisco López de Gómara's *Historia General de las Indias* of 1551. In the Memoir of Hernando D'Escalante Fontaneda in 1575, the author places the restorative waters in Florida and mentions de León looking for them there; his account influenced Antonio de Herrera y Tordesillas' history of the Spanish in the New World.
Some Examples of very long lived Persons:

Katherine Fitzgerald (1464? - 1604), 140, Ireland

Nathaniel Grogan's 1806 engraving of Lord Kerry's portrait of Katherine FitzGerald, Countess of Desmond is on the right

Lady Desmond was reported to have been capable, just before her death, of walking every week to her local market town, a distance of 4–5 miles, and it was said that all her teeth had been renewed a few years earlier. Her death was caused when she fell from a tree while picking cherries.
Some Examples of very long lived Persons:

Dr. William Hotchkiss, said to have reached the age of one hundred and forty years, died in St. Louis April 1, 1895. He went to St. Louis forty years ago, and has always been known as the "color doctor." In his peculiar practice of medicine he termed his patients members of his "circles," and claimed to treat them by a magnetic process.

Dr. A. J. Buck says that his Masonic record has been traced back one hundred years, showing conclusively that he was one hundred and twenty-one years old. A letter received from his old home in Virginia, over a year ago, says that he was born there in 1755.
Some Examples of very long lived Persons:

*Christian Jacobsen Drakenberg died at 150 years in 1772.* A sailor for 91 years, fought in the war against the Swedes, then became a merchant seaman. In 1694 taken prisoner by Algerian pirates but set free after 15 years of slavery, and resumed his life as a seaman. In 1737, at the age of 110, he married a widow of 60 years. Known as 'the old man of the north'.

Even in old age Drakenberg was bursting with strength. Who ever would shake his hand, never forgot the experience and ventured no second attempt.

Reported that after death his body mumified and did not rot (Similar to reports on Yogananda)
Some Examples of very long lived Persons:

**Thomas Parr, 152, died 1635, in England** Thomas Parr (or Parre), among Englishmen known as "old Parr," was a poor farmer's servant, born in 1483. He remained single until eighty. His first wife lived thirty-two years, and eight years after her death, at the age of one hundred and twenty, he married again. Until his one hundred and thirtieth year he performed his ordinary duties, and at this age was even accustomed to thresh. He was visited by Thomas, Earl of Arundel and Surrey, and was persuaded to visit the King in London.

See the downloads section of our website at: [http://immrc.com](http://immrc.com) to download a book on Thomas Parr from 1635
Some Examples of very long lived Persons:

"December 5, 1830, died at St. Andrews, Jamaica, the property of Sir Edward Hyde East, Robert Lynch, a negro slave in comfortable circumstances, who perfectly recollected the great earthquake of 1692, and further recollected the person and equipages of the lieutenant-governor, Sir Henry Morgan, whose third and last governorship commenced in 1680, viz., one hundred and fifty years before. Allowing for this early recollection the age of ten years, this negro must have died at the age of one hundred and sixty years."
Some Examples of very long lived Persons:

Zaro Ağa Mutki, Bitlis, Ottoman Empire, 1774 or 1777
İstanbul, Turkey, 29 June 1934, a Kurdish man named

Zaro Ağa who died in the United States in 1933 at the age
of 164 years. According to the death certificate given by his
Doctor Zaro Ağa's age was 157. He died in Istanbul,
although there exists some confusion about the death place,
Probably because the body was sent to the U.S. right after his
death. He was born in Bitlis, Mutki, Gundê Meydan,Kurdish,
Ottoman Turkey, worked as a construction worker when he
was young, and then moved to Istanbul, where he worked
as a porter for more than 100 years and finally retired as a
janitor. He was a major attraction to press during his last
years as the world's oldest living man and one who had
traveled to many countries, including the United States, the
United Kingdom, Italy and France.
Some Examples of very long lived Persons:

Javier Pereira (allegedly born 1789, date of death unknown) was a Zenu Indian who lived in Colombia, considered then likely the oldest man of the world at 169 years of age. Received like a hero in Bogota, Caracas, and New York, his image was placed in 1956 in stamps of 5 and 20 cents of the airmail of Colombia. His endurance and feats were remarkable-like standing on one leg and pirouetting without losing his balance, walking three blocks and climbing two flights of stairs without losing his breath. Known in his own village when they were in their teens as the "old Indian who liked to dance".
Some Examples of very long lived Persons:

Shirali Mislimov, 168, Died 1973, in Azerbaijan, USSR.

On his birthday (1971) he rose at dawn to do his daily chores in the garden and orchard. Among his well-wishers were doctors who gave him his annual physical and judged his health perfect. He has never been ill, though forced to give up riding horseback recently. At 160 he journeyed to the capital city (his first visit). There a doctor recorded his pulse at 72 and blood pressure at 120/75 Ñ but then this was after a three storey climb! He neither smoked or drank. Survived by his third wife, 107 years old, 219 other family members, including a grandchild aged 100 years.
Some Examples of very long lived Persons:

Kentigren, 185, died 5 Jan. 600 A.D. in Scotland. Founder of Glasgow Abbey.

The legends that grew up around Saint Kentigern include stories of many miracles, some of which are illustrated on the Glasgow City coat of arms. There is even the story of an encounter with King Arthur's wizard, Merlin, who is said to have become a Christian and been baptised by Kentigern.
Some Examples of very long lived Persons:

"The most remarkable instance of longevity which we meet with in British history is that of **Thomas Carn, who, according to the parish register of St. Leonard, Shoreditch, died 28th January, 1588 at the astonishing age of two hundred and seven years.** He was born in the reign of Richard the Second, anno 1381, and lived in the reigns of twelve kings and queens, Richard II, Henry IV, V, and VI. Edward IV and V, Richard III, Henry VII and VIII, Edward, VI, Mary, and Elizabeth. The veracity of the above may be readily observed by any person who chooses to consult the above mentioned register."
Some Examples of very long lived Persons:

Article in The New York Times, Saturday, May 6, 1933

LI CHING-YUN DEAD; GAVE HIS AGE AS 197

INQUIRY PUT HIS AGE AT 256

Wu Pei-fu, the warlord, took Li into his house to learn the secret of living to 250. The advice was:

"Keep a Quiet heart, Sit Like a Tortoise, Sleep Like a Dog,"

He attributed his longevity to his life-long vegetarian diet and regular use of rejuvenating herbs plus "inward calm". A renowned herbalist, he used Fo-ti-tieng and Ginseng daily in the form of tea.

Reported to have buried 23 wives and had 180 descendents – sold herbs for first 100 years.
What about a man of 300 years?

**Trailanga Swami** (also **Trailinga Swami, Ganapati Saraswati**) (reportedly c. 1529 or 1607 - 1887) was a **Hindu yogi famed for his spiritual powers** who lived in Varanasi, India. He is regarded as a legendary figure in Bengal, with many stories told about his yogic powers, and longevity.

According to some accounts, **Trailanga Swami lived to be around 300 years old**, residing at Varanasi between 1737-1887. He is regarded as an incarnation of god Shiva, and Ramakrishna, a contemporary Bengali saint referred to him as the “he walking Shiva of Varanasi".

Was this man really the age he claimed?

THE OLDEST MAN YET.

An insane man, who gave his name as Colestein Veglin, was yesterday arrested in Newark, N. J., and will be taken today to the Insane Asylum. He claims to be 615 years of age, and to have six wives all living. His residence is at No. 21 William street, and it is said that he is worth considerable property.

The New York Times

Published: July 20, 1876
A Possible incredibly long lived man of 674:

Abd el Aziz el Habachi (عبد العزيز الحبشي) was a unique case of long life mentioned by the founder of the Senussi Order, and also mentioned by the Moroccan scholar El Kettani (1888-1962) in his report "fahres el Fahares". According to sources he was born in 581 of the Hegira (1185 AD), and was a pupil of Ibn Hajar al-Asqalani (1372-1449) who claimed that Abd el Aziz was a 14th-generation descendant of the prophet Mohammed.

He died in 1859 at the alleged age of 674 years. Other sources say that he was present during the founding of the city of Cairo in 969, in the reign of El Moez El Fatimi (952-975). It was also claimed that he was near 900 years old when he died in 1859, according to Abd el Hamid Bik (died 1863) in "Aalam el Machareka Wa al Magariba" ("The Famous Men of the East and the West").
A New Report on a Long Lived Woman: Who is alive and 130 years old-

By MISHA DZHINDZHICASHVILI, Associated Press Writer 7/8/10

SACHIRE, Georgia – Authorities in the former Soviet republic of Georgia claim a woman from a remote mountain village turned 130 on Thursday, making her the oldest person on Earth.

Antisa Khvichava from western Georgia was born on July 8, 1880, said Georgiy Meurnishvili, spokesman for the civil registry at the Justice Ministry.

The woman, who lives with her 40-year-old grandson in an idyllic vine-covered country house in the mountains, retired from her job as a tea and corn picker in 1965, when she was 85, records say.

"I've always been healthy, and I've worked all my life — at home and at the farm," said Khvichava, in a bright dress and headscarf, her withering lips rejuvenated by shiny red lipstick. Sitting in the chair and holding her cane, Khvichava spoke quietly through an interpreter since she never went to school to learn Georgian and speaks only the local language, Mingrelian.

But Meurnishvili showed two Soviet-era documents that he says attest to her age. Scores of officials, neighbors, friends, and descendants backed up her claim as the world's top senior.
Another Recent Report on a Long Lived Woman: Who is *alive and 157 years old*-

(ABC News Australia-Posted Mon Jun 7, 2010 10:23pm AEST )
- Census officials have said they believe the woman's claims to have been born in 1853, when Giuseppe Verdi's La Traviata debuted in Venice, the Crimean War erupted and San Francisco got its first street signs at intersections.

"There's no authentic data to prove her age but judging from her statements and the age of her adopted daughter, who's now 108 years old, it's difficult to doubt it," statistics bureau official Jhonny Sardjono said Monday.

South Sumatran villager Turinah would be fully 35 years older than Calment (Jeanne Calment, who died in 1997 at the age of 122.) when she died, according to officials. Even more incredible, she still works around the house and has smoked clove cigarettes all her life, Mr Sardjono said.

"Despite her age she still has an incredible memory, clear sight and has no hearing problems. She speaks Dutch quite fluently," he said.
Some Health Practices of Long Lived Persons:

- Spend Time in nature at least once a week
- Walk or hike on a daily basis
- Spend time with relatives and friends.
  - When some would pass away they would create and spend time with new ones
- Enjoy your work
  - If work stopped being enjoyable they did something else.
- Used Herbs like Fo-Ti-Tieng and Ginseng
Introduction & Overview

The Herbs LI Ching-Yun took every day:

**Ginseng**
- Family Name: Araliaceae
- Botanical Name(s): Panax Ginseng
- Popular Name(s): Ginseng, Asian Asiatic Ginseng, Chinese Ginseng, Asian Ginseng

**Fo-ti-tieng**
- Family Name: Polygonaceae
- Botanical Name(s): Polygonum Multiflorum
- Popular Name(s): He-Shou-Wu, Fo-Ti
Old Persons from the Bible-Genesis Chapter 5 (KJV):

5 So all the days that Adam lived were nine hundred and thirty years, and
8 So all the days of Seth were nine hundred and twelve years, and he died.
11 So all the days of Enosh were nine hundred and five years, and he died.
14 So all the days of Kenan were nine hundred and ten years, and he died.
17 So all the days of Mahalalel were eight hundred and ninety-five years, 20 So all
the days of Jared were nine hundred and sixty-two years, and he died.
23 So all the days of Enoch were three hundred and sixty-five years.
27 So all the days of Methuselah were nine hundred and sixty-nine years, and he
died. 31 So all the days of Lamech were seven hundred and seventy-seven years,
and he died.
32 And Noah was five hundred years old, and Noah became the father of Shem,
Ham, and Japheth.

Moses, the person who led the Israelites from Egypt is also stated in Deuteronomy
to have lived to 120 years when he turned over the leadership of the Tribes to
Jacob.

Does anyone see a pattern in these ages?
Some Examples of very long lived Persons:

A *currently living 2800 year old immortal is* said to have been interviewed by Ben Abba

This person lives in a city on the Mediterranean and will be the subject of a forthcoming book by Ben Abba

Ben says he found two people over 2000 years and various other immortals through a directed program of remote viewing
Introduction & Overview

Babaji-The longest lived person in Human History?

*Babaji is an ascended immortal who is supposed to be 9000 years old*

Leonard Orr says the following about him in an interview:

*Babaji systematically taught me the yoga of immortal yogis and that is why I went to see him other than just to enjoy his presence. Because that body was 9000 years old and being in the presence of a 9000 year old person is unforgettable.*

Babaji is also referenced in the book “Autobiography of a Yogi” by Paramhansa Yogananda

Leonard has pictures of various incarnations of Babaji in his book “Physical Immortality”—which is out of print