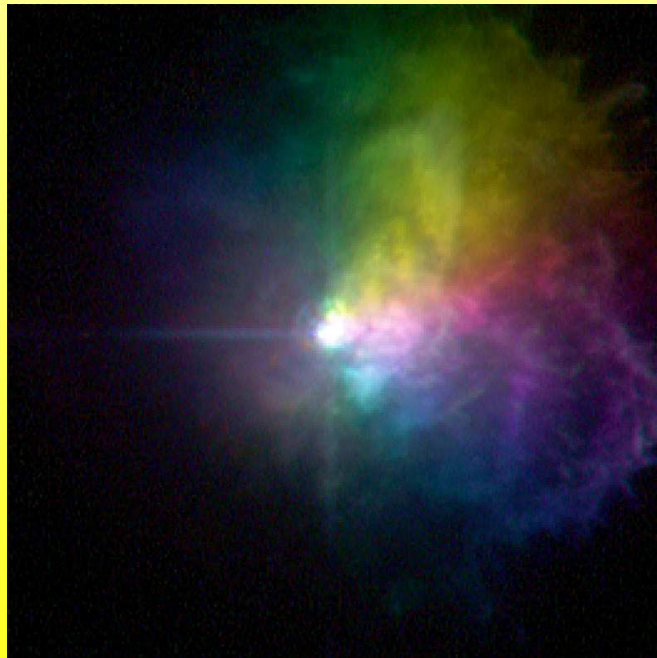


# **How to Learn Prophecy**

**By Martin K. Ettington**



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## Introduction

The ability to tell the future has always fascinated man since prehistoric times.

Prophets have spawned numerous religions and methods of divination to tell the future. Prophets are not only able to predict some major events but may be able to control them.

Prophets from the Bible were considered major persons of importance in those times and their predictions were major influences on the decisions of leaders.

In my own life I've had numerous experiences with premonitions involving the future. They have varied from strong visions, to dreams, to vague feelings, to strong fear.

Even though I've studied many other types of paranormal experiences and had many, these experiences about future events seem to be my strongest natural precognitive ability.

These events also formed major influences on my life, and their study and analysis has therefore been a big passion of mine.

In this book my goal is to cover explain the history of Prophecy and Divination, describe the types of experiences people have, and to analyze these phenomena.

We need to define what time is and what exactly it means to predict the future?

How exact does a prediction need to be to be considered valid?

What is the mechanism as to how predictions of the future works?

Finally, is this ability something that is only given to a gifted few, or is it an inherent ability we all possess and can learn to use.

Finally, I provide methods to allow each of you to develop your own prophetic abilities, and advice on how to use them properly.

I hope you enjoy this exploration and can achieve some useful insights in your life—and your future—and learn to shape it too.

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## Chapter 1: Exercises to Awaken your Prophetic Abilities

I'll start this chapter on awakening with some of my own techniques to see the future.

### a. Learning to Meditate or Pray Deeply



Figure 1-A Person Meditating

First, it is key to be able to get in touch with your spirit, and the best way to do that is through learning meditation or deep prayer techniques.

Meditation is the key to developing most spiritual abilities since it allows one to calm down the mind and start to perceive your higher self or spirit. It is this spirit

In Appendix A at the end of this book I've listed some of my instructions on learning to meditate.

There are also a couple of books in the Bibliography on techniques to meditate.

Meditation is best learned through an instructor. These days there are many instructors to choose from in the major cities.

### b. Visualizing the Future

Once you are in a very relaxed state your consciousness will not be distracted.

The next thing to do is to start visualizing yourself in a future scene as accurately as possible.

When I had the vision described earlier in this book about the surfboard accident I was meditating deeply. While meditating I was going through my mind about places I intended to visit on the vacation trip I was planning later in the summer. While thinking about the beach on Cape Cod and what I might do there like surfing was when I had the vision.

I must have tuned into a major probable event in my life because then I was just there and saw the scene exactly as it later happened—from the viewpoint of being in my own body and the accident happening to me.

## Chapter 2: The Yoga Sutras of Patanjali

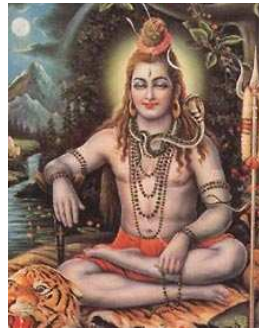


Figure 2-An artist's conception of Patanjali

Another interesting perspective on enlightenment and stillness comes from the Yoga Sutras of Patanjali.

The Yoga Sutras of Patanjali (1) is close to two thousand years old and describes in Sanskrit the nature of consciousness and the path to enlightenment. Stillness and learning to live in the Eternal is a major goal.

It was written as a scientific exposition on the path to enlightenment, and the abilities and spiritual states obtained as part of the process.

Book 3 Chapters 14 and 16 can be translated as follows:

14. Every object has its characteristics which are already quiescent, those which are active, and those which are not yet definable.

The explanation is as follows:

**Every object has characteristics belonging to its past, its present and its future.** In a fir tree, for example, there are the stumps or scars of dead branches, which once represented its foremost growth; there are the branches with their needles spread out to the air; there are the buds at the end of each branch and twig, which carry the still closely packed needles which are the promise of the future. In like manner, the chrysalis has, as its past, the caterpillar; as its future, the butterfly. The man has, in his past, the animal; in his future, the angel. Both are visible even now in his face. So with all things, for all things change and grow.

16. **Through perfectly concentrated Meditation on the three stages of**

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**development comes a knowledge of past and future.**

With an exposition on it's meaning to be:

We have taken our illustrations from natural science, because, since every true discovery in natural science is a divination of a law in nature, attained through a flash of genius, such discoveries really represent acts of spiritual perception, acts of perception by the spiritual man, even though they are generally not so recognized. So we may once more use the same illustration. Perfectly concentrated Meditation, perfect insight into the chrysalis, reveals the caterpillar that it has been, the butterfly that it is destined to be. He who knows the seed, knows the seed-pod or ear it has come from, and the plant that is to come from it. So in like manner he who really knows today, and the heart of to-day, knows its parent yesterday and its child tomorrow. **Past, present and future are all in the Eternal. He who dwells in the Eternal knows all three.**

When reviewing the Yoga Sutras we see that the ancient view of consciousness was that because it is rooted in the eternal.

Therefore, those who have developed themselves so that they perceive things from the point of view of the Spirit which lives outside of time and space—live in true stillness.



## **Summary:**

What does wisdom have to do with Prophecy you may ask?

First of all, I believe that if one is gifted enough to have or be able to develop the ability to foretell the future, then you have a moral and ethical duty to use this ability for good and productive uses to help our fellow man.

Also, since the future is not fixed, our actions can affect the future for good or ill.

A person who has relatively accurate predictions will gain a lot of credibility with others. This influence can be used constructively, or for selfish gain.

The ability to tell the future is after all based on a connection to one's spirit.

Being able to help others with their spiritual development should always be a goal for a person who influences others through their predictions.

The ability to do Prophecy is a side effect ability of spiritual development—not an end in itself.

This is something to keep in the forefront of you mind as you become more involved in prophecies, predictions, or divination.

As I learned these truths I decided to start writing about subjects of interest related to reaching a higher state of enlightenment.

The approach is usually to cover the history of the subject, a model for how the phenomena works, and then practical advice on procedures, exercises, or other things the reader can do to pursue their goal.

The books cover the subjects of how to become immortal, how to learn prophecy, and how to remove illusions for true happiness, among other subjects.

If you would like to learn more about how to learn Prophecy and want to read the full book "Prophecy: A History and How to Guide" the please link the link below:

[M.K. Ettington Books Prophecy Book Information Page](#)

I wish each of you happiness and fulfillment on your own journey to stillness and peace.

Sincerely,

-8-Your-Name-8-

The Author's email address is: -8-your-email-address-8-

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## Other Offerings By mkettingtonbooks.com:

We offer additional metaphysics books on our website which can help you answer spiritual questions you have or solve health and emotional issues.

The approach is usually to cover the history of the subject, a model for how the phenomena works, and then practical advice on procedures, exercises, or other things the reader can do to pursue their goal.

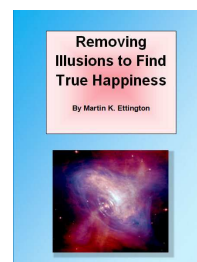
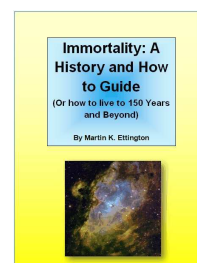
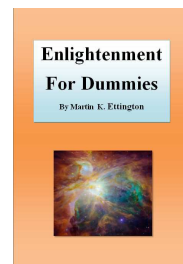
The books cover the subjects of how to become immortal, how to learn prophecy, how to remove illusions for true happiness, and how to find enlightenment among other subjects.

We also offer a Compendium of all of our Metaphysics books in one volume.

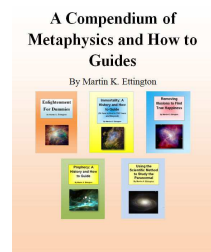
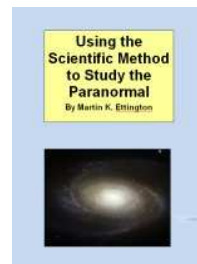
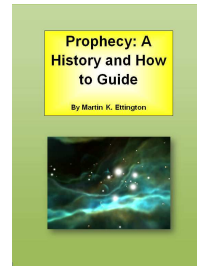
It's titled "A Compendium of Metaphysics and How to Guides" and consists of the following books:

(You can click on the graphics icons at the right to go to the detailed description and purchase pages for these books)

- "Enlightenment for Dummies" follows the approach of another popular series to offer a straightforward description to seekers on misconceptions about Enlightenment, what Enlightenment really is about, and some direct suggestions and recommendations on how to get there.
- "Immortality: A History and How to Guide" is a one of a kind book on the subject of Immortality. First it covers a history of the search for immortality, then examples of a long list of persons who lived to over 150 years. After this a model for the Spirit, Energy Body, and Physical body is reviewed. The last sections of the book offer practices, exercises, and supplements to help the reader lengthen their lives too.
- "Removing Illusions to find True Happiness" is also written from a different perspective. It has chapters on all the illusions we live with. Then it reviews how our lack of happiness is related to the illusions we suffer. Finally, specific advice on meditation and stillness practices is offered to help increase your overall happiness.



- “Prophecy: A History and How to Guide” reviews the history of prophecy and divination. Then it describes a model of how prophecy and divination may work. Finally, practices and exercises are recommended to help the reader see the future for themselves.
- “Using the Scientific Method to Study the Paranormal” which reviews the history of the Scientific Method and how it can be applied to studying very subjective phenomena like the paranormal
- Finally, we offer a single Compendium which includes all five of the above Metaphysics books in one volume. It’s titled “A Compendium of Metaphysics how to Guides”



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